



Rabbi's Message — Marc Ekstrand

I'm not the best at asking for help. As I write this article, I'm just getting over the flu. It's probably the worst case I've had in ten years. It hit me hard on a Wednesday morning and I immediately knew that I

was in for a rough time. I turned to my pulpit partner Sherry. Sherry and I both just got over colds so both of us were a little leery getting sick again. I stood outside Sherry's office as I asked her to take my religious school class. I wasn't feeling too bad, just a stubborn cough, but I had that feeling something more serious was coming. I picked up the kids from preschool early, and by the time I got home it was very apparent I had the flu. The body aches and chills set in but I got a flu shot so I was hopeful it would be over soon. By Thursday evening, with no improvement, it became evident that I needed more help. Sherry and I had worked hard with SSA to plan Friday evening's service. I desperately wanted to believe I was feeling better so I could be there to see it through. Polly helped me see that I needed to call Rabbi Rosenberg for help. I made the call and Aaron jumped in without hesitation. I hear that Friday night went well, and our Saturday evening program with SSA and Beth El went wonderfully too. It was disappointing to me to not be part of these communal milestones. But, what I am thankful for is that Aaron, Sherry, and many others were there to help when I called on them.

We all need help from time to time. Some like me have a hard time asking, but the asking should be the hardest part. One of the primary functions of our spiritual community is to take care of one another. Year ago, the social action committee started the Mitzvah Corp. This group of people were organized to be ready when the call came in from anyone in our community who needed help. Over the years, this help has included preparing and delivering meals, home visits, rides, assistance shopping, light housework or yard work and similar things. Naturally as a spiritual community matures, the baton must be passed from one cohort to another. Sometimes the baton handoff isn't so smooth and we stumble a bit before starting to run again. This is where we are with the Mitzvah Corp.

Marty Zeldis, Sybil Nassau and I have been talking about what we need to revitalize the Mitzvah Corp. At this point, we need two things. We need to identify volunteers willing to help. We also need help identifying those who could use a helping hand. In the coming weeks, you will see an electronic survey in your email box asking how you can contribute to the Mitzvah Corp or how the Mitzvah Corp can help you. Please respond, the Mitzvah Corp needs you and the Mitzvah Corp wants to be there for you. In addition to the electronic survey, there will be new Mitzvah Corp flyers you will see in the foyer or atrium at the Temple. If you'd rather connect on paper than by electronic survey, please fill out the short questionnaire and return it to the office.

L'shalom,

Rabbi Marc

President's Message—Sean Bendick

One of the perks of being a two-term president is that when you're stuck for ideas, you have old bulletin articles to look to for inspiration. It looks like I've been using February as a time to reflect on the hard-working volunteers around the Temple. The first half of the fiscal year has been exciting behind the scenes, and I want to highlight the efforts of a few more of our unsung volunteers who don't get enough attention.

As our VP of Building and Grounds, **Geoff Hausman** does a lot of heavy lifting around here. He has taken care of coordinating repairs to all those things that break. From plumbing leaks, to folding doors, to blown lightbulbs, to snow plowing, Geoff works tirelessly to make sure that the building is in good working order for us. This past year, he has put in a lot of his own time to put together a proposal for revamping our heating and air conditioning system so that we can

CONTINUED ON PAGE 2

Trivia Question:

Which 19-20th century artist, son of the founder of a New York jewelry chain, applied the Art Nouveau style to stained glass windows, lamps, and other decorations?

Answer on inside page.

President's Message—Sean Bendick



CONTINUED FROM PAGE 1

reduce maintenance and energy costs. Of course, you can't thank Geoff without thanking Susan. **Susan Hausman** has been running our gift store for years, and with Geoff, she has helped run our kitchen on Friday nights as Geoff has been getting full time kitchen staff.

Chris Rock is our Treasurer, and he runs our finance committee. Chris has worked for the past two years along with Fundraising VP **Scott Wolfe** and Financial Secretary **Tom Smith** on the mortgage refinance program that was started by Past President and former Treasurer **Adam Siedner**. I am thrilled to inform everybody that we have finished the buy-out of our 2nd mortgage, which had a 10 year term left. This mortgage has now been privatized among some of our more generous congregants at a lower interest rate that will free up more of our budget.

I'm pleased to also report that we've got new Membership Chairs: **Erica McCaffrey** and **Allison Glickman**! Erica and Allison are going to be working with Rabbi Marc and myself on reinvigorating our efforts in welcoming new families to our Temple family.

Please remember to thank and support all of the volunteers that are working hard to make Temple Emanu-El part of your home!

Sean

Notes from Sherry Barnes



Psalms 96 says, **Sing to G!d a new song**. When I first started listening to Jewish liturgical music, there weren't that many choices for new, contemporary music that I was aware of. My friend next door was always playing new contemporary Christian music for me, but I didn't have that outlet. You couldn't go to the store and find it. There was

Klezmer music, Israeli music, or classic liturgical music available. I was looking for Hebrew prayers with their English translations also sung.

I happened to hear about Debbie Friedman and was instantly in love with the way her music made me feel both Jewish-

ly and spiritually. I heard about Doug Cotler, and bought every tape that he had made, because his Jewish music also touched my soul in a profound way. Today, I'm in Jewish Music heaven! There is so much music to choose from. There is Jewish music that ranges from contemplative to upbeat and makes you want to clap your hands and dance in the aisles. The best part, it's all at our fingertips. Some of the shining stars of the Jewish music world have been on our own stage. Doug Cotler, a known Jewish composer came to our synagogue with Julie Silver at least 25 years ago, as she was rising in the Jewish music world. Our community invited her back maybe 10 years ago. We also had Rick Recht, the founder of Jewish Rock Radio, on our stage with his rockin' Shabbat music! And our community was able to bring in Debbie Friedman one year for a concert at Connecticut College. These are only a few of the musicians that have shared their music with us.

My point to all this is that we live in a garden of beautiful Jewish music that is easily accessible. Both Rabbi Marc and I love the new liturgical music coming out of Israel, from the United States, and around the world. In the last few years we have added new music to our service to expand the Kabbalat Shabbat section of our worship and to other liturgy in the prayer service. I have been approached by a couple of people who have asked that I teach a class on the new music we have been using in our services. I love the idea and will be offering this class on **February 25 from 12:30 – 1:30 P.M.**

Psalms 95 says, **Come, let us sing joyously to G!d**. I look forward to hearing your voices.

Thank you to Leslie Merwin and the Temple Emanu-El Choir for their beautiful voices on Shabbat Shira Service, and to Harvey Snitkin for the addition of his lovely flute. Thank you to Jo-el Fernandez and Jeff Elkin for chanting Torah in January

B'shir,

Sherry

Kitchen News

Thanks to John Murphy, the Temple now has a **Keurig Coffee Machine**. You can have the coffee/tea/cocoa that you like provided **you bring in the "K" cup**.

Please feel free to donate "K" cups to the Temple. We will supply the water.

Thank you.



Adult Continuing Education

Adult Talmud Study — Sundays at 11:00 AM

Adult Talmud Study meets on Sundays at 11:00 A.M. in the Temple sanctuary. This is open to everyone. If you have any questions, you may contact Roberta at 860.443.3005.

Beginning Hebrew

Beginning Hebrew is on Tuesdays from **6:00 – 7:00 P.M.** Adult Beginning Hebrew will be taught by Cantorial Soloist Sherry Barnes. Please contact the Temple (860-443-3005) if you are interested in attending.

Food For Thought — Thurs., Feb. 8

Food for Thought will be held the **2nd Thursday of each month**. The next date is February 8. Rabbi Marc Ekstrand will be leading the Food for Thought discussion group from 12:00 P.M. to 1:00 P.M. You may bring a brown bag lunch.

Preschool



Preschool will be held on **February 11 and 25, at 10:30 am.**

Monica Goldstein is the teacher. The program includes music with Cantorial Soloist Sherry Barnes, and special programming for holidays with **K-2**.

Additional dates for 2017-2018: March 11 and 25, April 8 and 29, May 6 and 13.

If you are interested in signing your child up for class, please contact the office at 860-443-3005.



Religious School 860-439-0406



We have had **many wonderful programs with our Emissaries, Sivan Gvili and Ziv Lavi** and have

enjoyed the many activities which they have shared with our students. This year, with the help and the cooperation of many of our teachers, our students are learning many modern Hebrew phrases and are putting them to use in their Religious School classes. In addition, hopefully, some of our families are using them at home.

Under the direction of Sivan and Ziv, our classes have been working on “Living Bridge Projects” for them to share with their communities in Israel. Now, Sivan and Ziv will be leaving our community for a few weeks to have an opportunity to return to Israel and see their family and friends for a few weeks. We hope they will have a wonderful visit at home and we eagerly look forward to their return.

Our 4th grade class will be part of the **multi-generational service on February 2**. The children and their families will share in the Shabbat dinner and then the students in the class will help the Rabbi and Cantor Sherry with some of the prayers and songs for the service.

On February 18 our Religious School will take a short break in observance of “President’s Weekend”. There won’t be any Religious School that Sunday, however we will **resume with Midweek Hebrew on February 21**.

With the month of Adar beginning on February 16, we must all start to prepare for our ever-popular holiday of Purim. The Religious School will have its **Purim celebration on Sunday, February 25**, so either dust off your costumes from previous years or create some new ones and be a part of our costume parade and contest on that morning. All participants in our costume parade will receive a prize. Also, Purim would not be Purim without special groggers to drown out the name of Haman as we read the Megillah!! Have the most creative and loudest Grogger and win a prize.

The morning wouldn’t be the same without **hamantaschen**. If you can help make some for our party, **please contact Thea Johnson - 860-235-0963**. Thank you

There will be more information on our Purim celebration in the next few weeks, so please be on the look out for it. The actual holiday of Purim will be celebrated in the Temple on **Wednesday, February 28**. There will still be midweek Hebrew at 4:30, when we will welcome back Sivan and Ziv, and **the Purim celebration and service will be held at 7:00 PM**. We hope that all will join us for this festive holiday.

If you have any questions or concerns, our Religious School office is open during school hours. Please stop by, or call and leave a message and we will return your call. Please watch for more Purim information in the near future.

Marc Goldsmith & Barbara Kallan

Co-Administrators.

Social Action

The Social Action Committee is becoming focused on two present projects.

MITZVAH CORPS: Working with the Rabbi and the lead person for this project, Sybil Nassau, the committee is reworking and making more effective, the Temple's Mitzvah Corps. The goal of the Mitzvah Corps is to provide both long and short term help to Temple members who have either emergency or ongoing needs. We are presently working on ways to make the service available to the Temple community with a roster of volunteers who will be able to provide necessary help as it comes to our attention. The present goal is to be up and running by March. Anyone interested in joining the "Corps" should contact the Social Action Committee.

MITZVAH DAY: The committee is beginning work on our second quarterly Mitzvah Day. At the moment the specifics of this Mitzvah Day have not been decided, but despite that, we expect the next Mitzvah Day to happen in late February or early March. Anyone with ideas or questions should please contact the Social Action Committee or come to our next meeting.

OTHER WORK: Our core ongoing projects are all functioning well. After a hiatus, our Habitat for Humanity monthly Builds done in conjunction with Beth El have resumed. Our next Sunday Build is scheduled for February 11 from 12:30 to 4:30. If you have any interest in helping to build a home, please contact Marty Zeldis. We have a serious need for new volunteers. Also our work with the New London Community Meals Center has been ongoing for far more than a decade. Our day is normally the third Tuesday of every month starting at 4 p.m. If interested contact Hali Keeler. If you want to work with New London area refugees, there is an ongoing need for volunteers. If interested, contact Karen Bloustine. And if you want to volunteer with the Homeless Hospitality Center, you should contact Judy Mann.

The Social Action Committee is and wants to continue to be a vital part of the Temple community as well as a resource for the greater New London community at large. We always welcome new members.





TEMPLE EMANU-EL'S 5th

CABARET NIGHT



Appetizers, Havdalah, Variety Show & Dessert

Saturday, February 3, 2018 at 7:00 pm
29 Dayton Road, Waterford CT

Suggested Donation: \$18.00 per person / \$20 at the door
RSVP: Temple Emanu-El Office (860) 443-3005

Benefits the Temple Emanu-El Essential Services Fund

Sisterhood

Janine Sitko, President / janinesitko@gmail.com

Save the dates!

Movie Night:

Wednesday, February 7 • Niantic Cinema

Meet at 6:45 pm • Movie TBD

Sisterhood Dinner Club: Wednesday, February 21 • Time and place TBD

Sisterhood Service

Temple Emanu-El Sisterhood will be leading services on **Friday February 9 at 7:30 p.m.**

Erica McCaffrey is organizing the service. We encourage as many people as possible to take part in this service with either a Hebrew or English-speaking part. Please contact Erica at : rmccaffrey@snet.net. Let her know if you would like a Hebrew or English part in the service.

We will be having a potluck dinner at 6:00 prior to the service.

A-M bring a main dish • N-Z bring a side dish

Temple Emanu-El Gift Shop

Come visit the Temple Emanu-El Gift Shop. There is a clearance section with some merchandise over 50% off.

The gift shop is open Sunday mornings there is religious school from 9:30-12. Browsing is always welcome. Can't make it on Sundays, special appointments can be arranged by contacting tewaterfordgiftshop@gmail.com or 860-625-6618.

Do you need a ride to attend a Sisterhood event?

If you do, please email Merrill at mazzellaa@sbcglobal.net

Brotherhood

Jonathan Rowe, President
bioconsultants@yahoo.com

Hello Brothers. Sorry that I sat out last month's bulletin. I was buried in end of year work and travel. I bet many of you were too. But if I did write last month's article, it would have said how great and successful the latke dinner was. I want to thank Chef Mike Reinhard for leading the charge. Awesome brisket Mike. We had many volunteers from the brotherhood that made the night smooth sailing from prep to clean up. I would of course like to name them all, but I know that I will forget someone and then I'll be in trouble. But thank you all.

A few things to think about: In March will be brotherhood Italian night. Another great culinary delight. I'll send out re-

mindings if anyone wants to help. Also, I will be working with Rabbi Marc on an educational program that he wants to deliver in the March timeframe. As we get the exact date, your support to participate will be great. (rhyme)

Don't forget to join us for **free Sunday bagels**. What else could be better? Shoveling snow?



Jan. Oneg Sponsors — Thank You!

Deborah Diehl

Judy Glickstein

Thea and Dan Johnson

Alisa and Milton Sheriff

Solomon Schechter Academy

The Temple Emanu-El Choir

Henry and Jane Weinberg

Answer to Trivia Question from page 1

Louis Tiffany

February Birthdays

Nicole Arruda
Spencer Bentley
Douglas Brandt
Joshua Cooper
Judith Deglin
Reuben Deglin
Jacob Feinstein
Barry Feldman
Noah Feldman
Abraham Fisher
Shayna Fox
Elsa Freedman
Allison Sue Glickman
Andrew Goldman
Helen Goldstein
Alan Greenberg
Jack Haynes
Autumn Hicks

Viviane Holwitt
Peter Kallan
Jillian Kallan
Arnold Kaplan
Jerry Kil
Barbara Kil
Philip Krasney
Keith Kriet
Rachel Kriet
Wendy Ladd
Ben Lazarus
Harriet Lesko
Camden Levine
Jared Miah Linder
Regina Magnus-Aryitey
Lisa Marcus



Merrill Mazzella
Gregory Morea
Ethel Perl
Matthew Perl
Jacob Reinhard
Amanda Rowe
Mark Rubin
Lizabeth Ryan
Neil Schneeberg
Gregg Selke
Milton Sheriff

Alisa Sheriff
Oliver Shiling
Tracy Shoor
Ira Sitko
Jessica Sitko
Leslie Spees
Elisha Stavropoulos
Pamela Stein
Joseph Straus
Joel Suisman
Barry Thorp
Robert Trostler
Nancy Trostler
Kenneth Webman
Henry Weinberg
Sherry Zelvin
Amanda Zettler

February Anniversaries



Daniel and Shelley Arenson
Dr. Burton and Janet Gischner
Rachel and Michael O'Brien
Leonard Prokopets and
Yona Gregory
Aaron and Karen Rosenberg
Milton and Alisa Sheriff
Donald and Lois Steinman

February 2

Helen Arbetter
Miriam Shoor Ballot
Frances Bloomfield
Joan Cherry
Ruth Freeman
Yvonne Frydel
Jack Greenberg
Richard Grills
Gerhard Hausmann
Gladys Ilson
Allen Kaufman
Bernice Moss
Harriette Siegel
Henrietta Weber
Pauline Ruth Wildstein

February 9

Jennie Atkind
Larry Axmaker
Helene Bloom
Ruth Fearer
Harold Goldman
David Hillsberg
Joseph Lewiss
Flora Nassau
Philip O. Ross
Nathan Rubin
Sheldon Schlissel
Louis Shoor
Clara Sibelman
Bessie Snitman
Sheba Lazev Stark

February 16

Gerald Baker
Dorothy Benmaor
Samuel Cohen
Philip Crystal
Eleanor Katz
Pauline Mann
Lillian Miller
Albert Punty
Victor David Rosen
Leo Scharfman
Fannie Schlissel
Larry Schneider
Norman Schnur
Benjamin Sherman
Joseph Shepard
Helen Stein
William Surnamer
Phyllis Thall

February Yahrzeits

Condolences to . .

Jeffrey and Susan Blinderman and family on the passing of Jeffrey's mother,
Karen Blinderman

Alisa and Milton Sherrieff and family on the passing of Alisa's father,
Arne Levinson

Jeff Elkin and Jean Lasser and family on the passing of **Sam Elkin**

Rabbi Marc Ekstrand and Rabbi Polly Berg and family on the passing of
Rabbi Marc's mother,
Edith Greenberg Ekstrand

February 23

Lou Freeman
Marilyn Freeman
Carl Isaacson
Eva Isaacson
Eva Kozek
Harold Margolis
Benjamin Stricker
Elizabeth Weber
John Zarcheck
Jack Zavatsky
Phyllis Zettler

We are eternally thankful for the support of those below. . .

Aaron and Pearl Parker Religious School Fund

Philip G. Priolo and S. Lucy Priolo

Cecile and Barry Feldman

--- in memory of Sam Elkin

Cantor's Fund

Abraham and Sandy Fisher

--- in memory of Jody Katz

Patricia and Jay Hans

--- in memory of Jody Katz

Barbara Luftglass-Morea

--- in memory of my mother Eleanor Grossman

Martin and Joanna Lazarus

--- in loving memory of Murray Lazarus on his yahrzeit

Craig Blumsack Fund

Matthew and Florence Lewiss

--- in loving memory of Lillian Gertz Lewiss on her yahrzeit

Dr. Sanford Blank Computer Fund

Jane and Chic Weinberg

--- in loving memory of Al Weinberg on his yahrzeit

Endowment Fund

Lois and Stephen Panikoff

--- in loving memory of Morris Kaplan on his yahrzeit

Essential Services Fund

Lasser Family Philanthropic Fund

Jewish Communal Fund

Jonathan Gellman and Bette Kirschstein

--- in appreciation as visitors with Nate and Shelley Weiss at Rosh Hashanah

Kenneth and Kimberly Fischburg

--- in memory of Sam Elkin

Kenneth and Kimberly Fischburg

--- happy birthday wishes to John Murphy

Matthew and Florence Lewiss

--- in loving memory of Sylvia Lewiss on her yahrzeit

Robyn and Alan Krasner

--- in memory of Jody Katz

Sonya and Maier Fein

--- in memory of Jody Katz

Mitzvah Fund

Abraham and Sandy Fisher

---in appreciation of Ethel Chatkin for her thoughtfulness

Cecile and Barry Feldman

---in memory of Jody Katz

Ethel Chatkin

---in loving memory of Milton Chatkin on his yahrzeit

Gail and Steve Weber

---in memory of our friend Bill Bentley

Gail and Steve Weber

---in memory of Rose Tobin on her yahrzeit

---in loving memory of Harry Weber on his yahrzeit

---in honor of Lois and Don Steinman's 50th wedding anniversary

---in memory of Herman Weber on his yahrzeit

Harvey and Michele Snitkin

---in loving memory of Louis Snitkin on his yahrzeit

Sybil Nassau

---in memory of Jody Katz

Rabbi Aaron Rosenberg Tikkun Olam Scholarship Fund

Rabbi Aaron and Karen Rosenberg

---in memory of Rose and Harry Stein

Rabbi's Discretionary Fund

Gabriella Schlesinger

---in memory of Jody Katz

James Goodman

---in loving memory of Israel Goodman on his yahrzeit



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Cost: \$5.00 each Quantity _____ X \$5.00

Total: _____

_____ **\$180.00 to send a Purim gift bag to the entire local congregation**

_____ Check here if you would like to pick up your Purim bag at the temple

_____ Donate my Purim bag

**ALL ORDERS MUST BE PLACED BY FEBRUARY 26, 2018
DELIVERY PURIM WEEK!**



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Each Purim gift bag costs \$5.00 and contains homemade Hamantaschen and Israeli candy. Families will receive one gift bag, hand delivered, with the names of those who sponsored the gift in their package. Better yet, for \$180.00 consider sending a Purim gift bag to the entire temple congregation.

BEST WAY TO ORDER

Fill out the attached form and submit it to the temple office with a check. Ordering this way will help avoid the 2% fee we incur with Happy Purim.

If ordering online with Happy Purim is more convenient, that is fine too. We need your support no matter which method you choose.

This is a fundraiser and we need your help for it to be successful.

HOW TO ORDER ONLINE: go to www.HappyPurim.com

You will receive a personalized code via e-mail. Alternatively, you may call the temple office for your code.

Choose the names of the temple members to whom you would like to send a gift bag. Pay by credit card. Your e-mail address/personal information will not be shared with any other entity.

QUESTIONS? Contact Rachel O'Brien at obrienrb8@gmail.com or call (860) 822-3429

ALL ORDERS MUST BE PLACED BY FEBRUARY 26, 2018

HOWARD ILSON MEMORIAL

TEMPLE EMANU-EL DISTINGUISHED SERVICE AWARD

Nominations are now being accepted for the **Ilson Award**, which is given annually to a member who has contributed to Temple Emanu-El in an important way. The award is in honor of Howard Ilson, a former president of our Temple who died suddenly while in office.

Areas of service to consider include:

- ~ years of service as an officer or Board member
- ~ years as a committee chairperson
- ~ years of service in auxiliaries such as the Religious School,
Sisterhood, Brotherhood
- ~ years of community service as a representative of Temple Emanu-El
- ~ years of time and energy expended for the betterment of Temple Emanu-El.

Nominations will be accepted until March 1. The award committee will then review the nominations and the winner will be announced in the Temple Bulletin. The award winner will be honored at a Shabbat service and his or her name will be engraved on a plaque on display in the Temple.

Please take the time to consider a worthy nominee. It is one way of thanking our members for volunteerism that often goes unnoticed. Please write your reasons for considering a nominee on the back of this sheet and send to the Temple or deposit it in the nomination box located in the Entry Way. All nominations will be strictly confidential.

Howard Ilson Award Nomination Form

Name of person being Nominated: _____

Name of Nominator: _____

Summary of Nominee's attributes and service to Temple Emanu-El: *(Must be completed for Nominee's consideration)*

Join us for the Annual Temple Emanu-El Passover Seder

29 Dayton Rd. Waterford, CT 06385

Friday, March 30, 2018 at 6:00 pm

Adults: \$36 per person

Children (Under 13): \$20 per child

Please Bring a Kosher-For-Passover Dessert to share.



Any questions, please call the Temple Office 860-443-3005.

Please respond, with payment, to Temple Office no later than
Monday, March 19, 2018

Passover Seder, Friday, March 30, 2018

RSVP by Monday, March 19, 2018

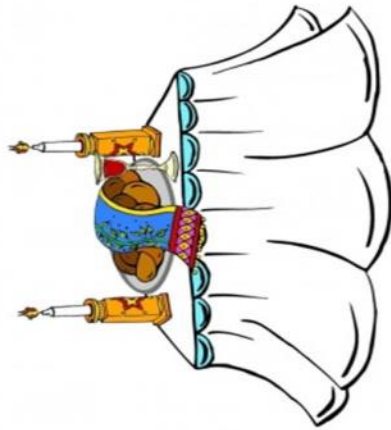
Family _____ Phone: _____
 Number Attending: _____ @ \$36/Person _____ @ \$20/Child
 Adults Children (under 13)
 Requests for vegan or vegetarian meals should be made when you RSVP # _____
 Total Cost: \$ _____

Please Bring a Kosher-For-Passover Dessert to share.

Mail Payment to Temple Emanu-El P.O. Box 288 Waterford, CT 06385
 by March 19, 2018

SHABBAT Dinner – March 2, 2018

Children and adults of all ages are invited to join us for Shabbat dinner.



TOT SHABBAT - 5:30 PM
 SHABBAT DINNER - 6:00 PM
 SHABBAT SERVICE - 7:00 PM

The Cost of the Dinner: \$18.00 per adult and \$5.00 per child 18 and under. (Thank you to the Bill Bentley Fund for subsidizing the balance of the children's dinners.)

Please RSVP "with payment" by Sunday, February 25, for dinner on March 2

Name: _____

Phone: _____ Email: _____

_____ of Chicken Marsala # _____ Vegetarian/Vegan

Total # of Adults _____ x \$18.00 = _____

Total # of Children _____ x \$ 5.00 = _____

(Chicken fingers & sweet potato fries)

Total Enclosed _____

Checks should be made payable to: Temple Emanu-El
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Holistic Wellness Center of CT:

Massage therapy; meditative qigong; herbology consultation

Cognitive Behavioral Therapy (CBT) Center:

Evidence-based CBT to improve mental health, and decrease stress for certain physical illnesses.

860-447-2047 / PsychologyCenterOffice@gmail.com



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A Top Oral & Maxillofacial Surgeon in Connecticut Magazine
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February Services & Schedule of Events

Feb. 1	Thur.	7:30 P.M.	Nar-Anon
Feb. 2	Fri.	5:30 P.M.	Tot Shabbat
		6:00 P.M.	Shabbat Dinner (see flyer in this bulletin)
		7:00 P.M.	Shabbat Service – 4 th grade will be participating
Feb. 3	Sat.	7:00 P.M.	Cabaret (see updated pricing on flyer in this bulletin)
Feb. 4	Sun.	9:30 A.M.	Free Brotherhood Bagels
		9:30 A.M.	Religious School
		11:00 A.M.	Talmud Study
Feb. 5	Mon.	12:00 P.M.	Federation Senior Lunch
		6:00 P.M.	Jewish Community High School
Feb. 6	Tues.	6:00 P.M.	Adult Beginning Hebrew
		7:00 P.M.	Fundraising Committee Meeting
Feb. 7	Wed.	4:30 P.M.	Hebrew School
		TBD	Sisterhood Movie Night
Feb. 8	Thur.	7:30 P.M.	Nar-Anon
Feb. 9	Fri.	6:00 P.M.	Sisterhood Potluck
		7:30 P.M.	Shabbat Service – Sisterhood will be participating
Feb. 11	Sun.	9:30 A.M.	Free Brotherhood Bagels
		9:30 A.M.	Religious School
		10:30 A.M.	Preschool
		11:00 A.M.	Talmud Study
		12:30 P.M.	Habitat for Humanity Build
Feb. 12	Mon.	12:00 P.M.	Federation Senior Lunch
		6:00 P.M.	Jewish Community High School
Feb. 13	Tues.	6:00 P.M.	Adult Beginning Hebrew
Feb. 14	Wed.	4:30 P.M.	Hebrew School
		7:30 P.M.	Board of Trustees Meeting
Feb. 15	Thu	7:30 P.M.	Nar-Anon
Feb. 16	Fri.	7:30 P.M.	Shabbat Services
Feb. 19	Mon.	12:30 P.M.	President's Day—No Senior Lunch
Feb. 20	Tues.	6:00 P.M.	Adult Beginning Hebrew
Feb. 21	Wed.	4:30 P.M.	Hebrew School
		TBD	Sisterhood Dinner Night Out
Feb. 22	Thur.	7:30 P.M.	Nar-Anon
Feb. 23	Fri.	9:30 A.M.	Clergy Association Meeting—Amy Jill Levine Seminar
		7:30 P.M.	Shabbat Services – Temple Emanu-El Band will be participating
Feb. 25	Sun.	9:30 A.M.	Free Brotherhood Bagels
		9:30 A.M.	Religious School Purim Celebration including student shpiel
		10:30 A.M.	Preschool
		11:00 A.M.	Talmud Study
		12:30 P.M.	Music Program (see Sherry Barnes Bulletin article)
Feb. 26	Mon.	12:00 P.M.	Federation Senior Lunch
		6:00 P.M.	Jewish Community High School
Feb. 27	Tues.	9:00 A.M.	Volunteer to help bake Hamantaschen Dough
Feb. 28	Wed.	9:00 A.M.	Volunteer to bake Hamantaschen and/or Put together Mishloach Manot Bags
		4:30 P.M.	Hebrew School
		7:00 P.M.	Purim Celebration



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Deadline for March 2018 Bulletin is Friday, Feb 16.

Email your articles to Roberta at temanu-el@sbcglobal.net

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Cantorial Soloist / Sherry Barnes / shirie3860@aol.com
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