

Bulletin

MARCH 2018 ADAR-NISAN 5778



Rabbi'sMessage -Marc Ekstrand

לא תַעֲמֹד עַל-דַם רֵעֶך lo ta'amod al dam rei'echa

Don't stand idly by the blood of your fellow. (Lev. 19:16)

As I am writing this bulletin article, it is the week after the school shooting in Parkland, Florida. As I read through the names and brief biographies of the people killed, I was stunned because many of them were around the age of my son, Aaron. I worry about his safety. But, I've been stunned before.

I was stunned when 32 were gunned down at my alma mater, Virginia Tech, in 2007. I was stunned as many of you were when 26 were gunned down at Sandy Hook in 2012. I was stunned just this past year when 58 were gunned down in Las Vegas. Not much has changed in our nation for all that being stunned except that, thankfully, I happened to move to a state with tighter gun regulations. Many of these regulations are a direct result of our state legislators coming together after Sandy Hook.

I did not become a rabbi to sit idly by while the blood of many soaks the ground. Many of you will stop reading after the next sentence but so be it. I believe that gun violence is a moral issue. It is an issue that deserves the attention of religious as well as civic leaders. It is a moral issue because people die when we collectively could have taken action but have not. You will say that the Constitution guarantees our right to bear arms. I agree; it does. I support sportspeople having access to guns.

Although Judaism looks unfavorably upon the sport of hunting, I suggest that there are many honorable people who partake in the sport who have great respect for animals and our environment. I support people whose professions put them in danger having access to and permits to carry firearms. I do not believe that owning a gun makes my home safer, but I understand that as many as half of you reading this probably have a gun or two in your home.

I support your rights of gun ownership. I do not support how guns are regulated. Guns are not regulated to a sufficient degree to ensure, to the best of our ability, that guns only end up in the hands of people who are trained in gun safety and demonstrate proficiency in firearm knowledge and use, who have been evaluated for mental stability, who are of an age to accept the responsibility of gun ownership, who possess the ability to secure them and their ammunition properly, in addition to the already present regulations in place in Connecticut.

Note that I have said, "to the best of our ability." We surely have not applied the best of our abilities. If we had, the results would not be increasing gun deaths in the United States but decreasing. Gun deaths are decreasing in Connecticut. We do have an example of national action. When we as a nation applied the best of our ability to automobile deaths, the result have been astounding. Just since airbags became commonplace, automobile deaths have been reduced by over 50%. When the best of our public health organizations, the best of our science and engineering minds, the best practices of quality control, the best practices of licensing and driver education, we have the results to show for it. We have all benefitted from a concerted effort by nearly every sector of our society in keeping us safe on the road.

We must demand the same effort with regard to guns. We must demand study by the CDC, diligence by law enforcement, engineers and scientists focused on making guns safer, and government political leaders and agencies focused on policy and regulations that quantifiably reduce injuries and fatalities via firearms. Until we have this concerted effort, we are standing idly by.

On March 24, around the country, there will be a March for Our Lives. One such march will be in Hartford at our state capitol from 12:30 to 3 P.M. I hope you will join with me in expressing moral outrage at our present situation and being part of a path forward.

L'shalom,

Rabbi Marc



Trivia Question:

What is the name of the complex molecule that carries oxygen in the blood and gives blood its characteristic red color?

Answer on inside page.

President's Message—Sean Bendick



A Phan's Pilgrimage

If you've been reading my bulletin articles the past couple of years, you've surely noticed that I'll write about personal experiences and relate them to my take on Temple business or Jewish life. So this month, with apologies to **Scott and**

Barbara Wolfe, I'm writing about the Philadelphia Eagles.

There's one or two of you out there who don't know that I'm from Cherry Hill, New Jersey, which is really like being from East Philadelphia. South Jersey was where Philly's sports stars chose to live. Players like Ron Jaworski, Bernie Parent, and John Kruk weren't just stars, they were neighbors. Like the other kids I grew up with, it was only natural for me to be "Four for Four," a fan of the Eagles, Phillies, Flyers, and Sixers.

It's been 27 years since I left home for Connecticut – more than half my life. I'm committed to my community, and I fit in with everybody I know. But it's been a slog watching friends from Boston and New York celebrate watching their teams win championships. So, naturally, I'm flying high this month celebrating the Eagles' first championship in my lifetime. Last Thursday, I excused myself from work, Temple, friends, and family to make a pilgrimage to Philadelphia for the Eagles' parade.

It was wonderful. I walked the city streets with people dressed like me. I sang familiar songs I hadn't heard in a long time. I ate food I remembered from my youth that isn't quite the same as the food I can get here. I was one in a crowd of like-minded people, just happy to be celebrating the same thing together. Still, I was glad to head back to Connecticut. Sure, I had enjoyed my time with "my people," but I knew that I wasn't home. Not anymore. I belong in Connecticut despite my Delaware Valley heritage.

As I got ready for bed after returning home, I thought about my day and made a strange connection: is this what we American Jews feel like when we visit Israel? I've never been to Israel. It's been a curiosity to me, but never a priority. Now, maybe, it's more of an interest again. What would it be like to be immersed in such a Jewish culture? What would it be like to be with so many other people like myself? Do we, as American Jews, enjoy our time in Israel but still know that America is home. Now, thanks to a Super Bowl win of all things, I'm curious to find out for myself.

Notes from Sherry Barnes



Ahoy! Why be this eve unlike all other nights? According to Will and Eric Roper, if you were on a Pirate ship observing a Passover Seder, this is how they would have begun the Four Questions. If you are from London's East End, Cockney would be spoken, 'Ere - why's this nigh' no' the same as 'uvver nigh's? I think I told you about a book I had

bought here at the Temple entitled, "300 Ways to Ask the Four Questions".

In December, at the Biennial Shuk, market place, I came upon the man who visited our synagogue and introduced his book to us. If 300 ways were not enough to ask these age old questions, he handed me a link to the newest languages that have been added. Some of those included Pirate, Cockney, and even Dothraki for those who love Game of Thrones. It also contains real languages such as French, Icelandic, and Italian. Of course, Hebrew is always the best, though I think it would be fun to try to do them in Elvish, Na'avi, or Klingon, right Rebecca?

I love the book which also includes a CD and DVD of language and speaker highlights. I hope your Seder is blessed as you recount the story of the Exodus, and in whatever language you choose, ask the 4 Kashes. Have a zissan, sweet, Pesach.

Thank you to the TE Band for spicing up Shabbat with your music last month.

Thank you to those who helped read Megillah for Purim!

B'shir,

Sherry







February Oneg Sponsors Thank You!

Terri and Marc Goldsmith
Temple Emanu-El Religious School
Fourth Grade Families
Sapir and Erik Brengman
Temple Emanu-El Sisterhood
Irene Brickman Smith and Tom Smith

Adult Continuing Education

Adult Talmud Study — Sundays at 11:00 AM

Adult Talmud Study meets on Sundays at 11:00 A.M. in the Temple sanctuary. This is open to everyone. If you have any questions, you may contact Roberta at 860.443.3005.

Beginning Hebrew

Beginning Hebrew is on Tuesdays from **6:00 – 7:00 P.M.**Adult Beginning Hebrew will be taught by Cantorial Soloist Sherry Barnes. Please contact the Temple (860-443-3005) if you are interested in attending.

Food For Thought — Thurs., March 8

Food for Thought will be held the **2nd Thursday of each month.** The next date is March 8. Rabbi Marc Ekstrand will be leading the Food for Thought discussion group from 12:00 P.M. to 1:00 P.M. You may bring a brown bag lunch.

Preschool



Preschool will be held on March 11 and 25, at 10:30 am.

Monica Goldstein is the teacher. The program includes music with Cantorial Soloist Sherry Barnes, and special programing for holidays

with K-2.

Additional dates for 2017-2018: April 8 and 29, May 6 and 13.

If you are interested in signing your child up for class, please contact the office at 860-443-3005.

Religious School 860-439-0406



We are "marching" right along this year; it is already the month of March. It is hard to believe

that our Religious School year is more than half over with just a couple of months left to go.

We sadly announce that Roberta Reisner-Winograd, our second grade teacher for many years has had to take a leave of absence in order to spend more time with her family in New Jersey. We will all miss Roberta. We want to thank her for all she has done and tell her how much we have appreciated the time she has put into the success of our Religious School.

On a happy note, we would like to **welcome Rebecca Reinhard as our new second grade teacher** and also **Sam Winograd as our fifth-grade teacher**. We are confident that both will add a great deal of knowledge and creativity to our Religious School.

Our Purim Celebration, at the end of February, was enjoyed by all and we'd like to thank everyone who helped to make it a success: Our teachers and faculty assistants who worked with their classes and Thea Johnson and our families who contributed Hamantaschen to make our snack enjoyable. We'd like to thank Marcia Reinhard and BBYO for entertaining us with a great Purim Schpiel. Also, thank you to those who acted as judges for our costume and noisy grogger contests.

Barbara Senges and the third grade students will be participating in the March 2 service. Tot Shabbat is at 5:30 P.M., Shabbat dinner is at 6:00 P.M. and services are at 7:00 P.M. Please R.S.V.P. to the office ahead of time to attend the Shabbat dinner. All students are encouraged to attend services.

Our Open School morning which was postponed in February is now scheduled for March 11. This is not a time to converse with teachers about your child, but a chance to see the students and teachers in action during class. The open school time is between 10:00 AM and 11:30 AM. You do not have to stay the whole time and are free to visit more than one class if you have multiple students. Hopefully the weather will cooperate and we'll be able to hold this as planned.

Our 10:30AM special program of learning conversational Hebrew to enhance our student's knowledge of Modern Israel will be culminating on Sunday March 25 with a "Hebrew Café." Our students in grades 3-8 will have the opportunity to enjoy visiting with fellow students and using the Hebrew which they have been learning by engaging

CONTINUED ON PAGE 4

Religious Practices

The season for joyful celebrations is upon us! When you are reading this, we will have already celebrated Purim on February 28. Passover is coming up this month. Our Temple Seder for the first night of Passover will be Friday, March 30, a Shabbat evening. Please join us for an evening of celebration of the Exodus. There is a sign-up form included in this Bulletin.

Looking further ahead, **Shavuot will be celebrated Saturday, May 19**. We are in the planning stages of our evening and will keep you informed of our program. Save the date!

Do you enjoy the onegs after our Shabbat services? Please

check the e-mail sent to the congregation that will connect you to our new oneg online sign-up page through **SignUpGenius**. This online vehicle makes it easy to sign up to bring some baked goods, beverages, fruit, or snacks. We've also made it easy for you to sign up for monetary contributions, and if you would like to sponsor the entire oneg, there's a spot for that too. Please check it out and help us keep our tradition of yummy and sociable Shabbat onegs. It's a mitzvah to celebrate Shabbat!

Jo Michaelson

Religious School 860-439-0406

CONTINUED FROM PAGE 3

in conversation. They will also be able to order their snack from a Hebrew menu. We have enjoyed our sessions with the Emissaries where the children have been practicing many words and phrases with their fellow students.

It might be fun if everyone at home would practice these words and phrases a few minutes a day so that both parents and students will remember them and they won't be lost over the summer. Who knows, perhaps next year we can include our families in a Hebrew Café experience!!

Our Pre-K through grade 2 will be having their Passover Seder on Sunday, March 25. Please contact Thea Johnson, 860-235-0963 if you would be able to help prepare some of the foods and with the set up that morning.

Our students in **Grades 3-7 will be having a musical Passover experience on Wednesday, March 28.** More information

will follow as to what help we might need to set up for this event.

We'd like to wish everyone a very Happy Passover from our Religious School staff, and just a reminder for your calendar, there will not be any Religious School on Sunday April 1, the second day of Passover.

Please remember, now that Spring has arrived, and it is tempting to "forget," we still have Religious School, it is important for your children to attend every session. Let's keep our attendance up and focus our attention on learning. The year is flying by.

Our office is always open during Religious School hours. Please drop by and visit if you have any questions or concerns.

Marc Goldsmith and Barbara Kallan

Co-Administrators

Save the Date — Mahjong Tournament — Monday, June 4

Our next Full Day Mahjongg Tournament will be Monday, June 4, 2018. This is always our biggest fundraiser of the year, and a lot of fun!

Please mark your calendars. We will again need kitchen and setup help on Sunday, June 3 and servers/hosts on Monday.

Our raffle is a popular feature, and donations for raffle prizes offset our expenses. If you want to get together with one or two friends and create a theme basket worth \$35 or more, that would be a wonderful addition. And gift cards at restaurants or stores are also popular, as well.

Tournament registration forms will be coming in next months' bulletin. Contact Iris Freeman to let us know how you would like to be part of this great event -- lfree-gang@aol.com or 860-460-3081.

THANKS FOR YOUR MAHJ CARD ORDERS

Thank you to all who ordered 2018 cards and especially to those who collected multiple orders from their friends. Thanks to some super collectors, we had our best year ever for card sales and should net over \$400. Cards should be arriving in your mailboxes the last week of March.

Sisterhood

Janine Sitko, President / janinesitko@gmail.com

Sisterhood Dinner Club

Tuesday, March 20, 6:30 P.M. ~ Dinner Club at The Black Sheep in Niantic, followed by Trivia Night

Sisterhood Movie Night:

Wednesday, March 28 ~ Movie Night at the Niantic Cinema

Temple Emanu-El Gift Shop

Passover is quickly approaching. The Temple Emanu-El gift shop has your Passover needs. We have a selection of Seder Plates, Hagaddahs, cookbooks, and a variety of novelties.

The gift shop is open all Sundays, when there is religious school from 9:30-12. If you have any questions, please contact us at **tewaterfordgiftshop@gmail.com**.

Brotherhood

Jonathan Rowe, President / bioconsultants@yahoo.com

Free Sunday bagels when Religious School is in session

The entire congregation is welcome to join Rabbi Marc and the Brotherhood for **Shabbat After-hours on March 9** after the oneg. **Join us at Temple for services at 7:30 P.M. followed by oneg, then venture to Chapter I, 32 West Main St, Mystic**, CT 06355.

Annual Brotherhood 'Italian Nite' Dinner

Pasta, Eggplant parmesan. homemade sauce, salad, and bread, freshly made and served by the Temple Brotherhood

Sunday, March 25, 5:00 PM

Social Hall at Temple Emanu-El

\$20 per Person*** \$35 Couple*** \$40 for Family

**Advance Reservation Discount -
\$15 per Person ** \$30 Couple ** \$ 35 Family

RSVP for planning by March 18

Early reservations are discounted and appreciated.

Call Temple Emanu-El at 860-443-3005 to make reservations.



For those attending, we will be conducting a 50/50 raffle and a raffle for various gift certificates.

March Birthdays

Nathan Abraham Ben Amdur Jeffrey Arenson **Doug Barnes** Minerva Beard Anne Bendick Jordan Bentley Michelle Blinderman Stanley A. Bloustine Steven Carlow Tracy Colsen Schaperow Jose' R. Cordero Debra Eichler Elliott Deborah Finco-Kent Alvin Flitt Daniel Gierer Dr. Burton Gischner Lawrence Goldman Susan Goldman

March **Anniversaries**



Jeffrey P. Elkin and Jean Lasser

Stuart and Marilyn Fishbone

Andrew and Donna Goldman

Mark and Dianne Rubin

Mazal Tov to...

Robert and Caren Linden on the birth of their granddaughter. Mabel Gray Linden was born on Friday, February 16 to Todd and Megan. Congratulations, also to big sister, Lucy. Mabel was 9 lbs, 3 oz and 21.5 inches long.



Mom and baby are doing fine.

Susan Goldstein Daniel Goldstein Ellen Gottfried Geoff Hausmann Rebecca Haynes Spencer Haynes Joel Holwitt Alexandra Holwitt Joshua Johnson Regan Kaye Ed Ladd Martin Lazarus Joan M. Levine Kaylyn Levine

Jeremy Linden Todd Linden Erica McCaffrey Ann Meitzen Ryan Novick Lois Panikoff Barbara Quaratella Chris Rock Ellen Schiller Lindsay Schneider Paige Schneider Fred Seeman Stephanie Seeman David Senges-Murphy

John Silsby Harvey Snitkin John Stavropoulos Sheldon Stricker Amy Stricker Stephanie Thorp Margaret Trehub Lauren Trostler Caroline C. Walz Gail Weber Gail Webman Hannah Winograd Martin Yavener

March Yahrzeits

March 2

Maurice Alexander Benjamin Angert Joseph Bloustine Irwin Braverman Louis Brensilver **Howard Helveston** Alex Lazarus Waldo Larry Miner Nathan Novar Gail Piotrkowski Irwin Sayet Norma Selwyn Priscilla Young

March 9

Gordon Adams Frances Brandt **Audrey Cohen Ruth Doukas** Harry Eidensohn Morse Engelman Charlotte Fox Howard Franklin Iona Fridman **Fuzzy Gipstein** Sarah Herbert Ruth Lasser Miriam Massman Selma Misch Mary Schnader Dr. Samuel Schupack Marian Senges Joseph Shapiro John Shiers

Bernard Simon Leon Speevak Harold Stein Louis Trostler Melvin Zablotsky Louis Zeldis

Nathan Goodman

March 16

Esther Goodstein Bethany Hillsberg Risa Hillsberg Nathan Hytone Ruth Kilbey Sadie Lazev **Burton Miller** Stella Murphy Ray Brooks Prokesch Bertha Rosenberg Marvin Rovner Louis Schlissel **Donald Shulman** Sylvia Zeldis

March 23

Michael Bloom Scott Bloom **Bessie Brody** Sheppard Fox **Charles Gregory** Josephine Hovey Norman Kaplan Samuel Leibowitz Benjamin Linden George Mikulka

Cookie Parry Florence Rosenstein Stanley Sedransk Rose Shedroff Sol Solomon Anna Steinman Harry Stoner Rose Pearlman Tulman Bennett Werner Corrinne Willins

March 30

Suzanne Bloom Katherine Buckstein Maria Cordero Pauline Frank Miriam Miaz Fridman Henry Green Howard Greenhouse Harvey Krasney Benjamin Lazev Sally Miller Gloria Miller Jean Morea Jerome Schwartz Zermina Senges Florence Shafner Frieda Shapiro Allan Shedroff Mary Shleffar Abraham Sisisky Mary Temple Deeda Wharton



We are eternally thankful for the support of those below. . .

Cantor's Fund

Barbara and Jerry Kil

---- in memory of Jody Katz

Barbara Quaratella and Joseph C. Quaratella Jr.

David M. Fearer

---- in loving memory of Ruth Fearer

Edith Ziegler

-----in loving memory of Sigmund Sol Rosenholtz on his yahrzeit

Harvey and Ellen Schiller

---- in memory of Jody Katz

Martin and Joanna Lazarus

---- in loving memory of Lillian Miller on her yahrzeit

Martin and Joanna Lazarus

---- in loving memory of Dorothy Benmaor on her yahrzeit

Patricia and Seymour Hendel

- ---- in memory of Morris Thall
- ---- in memory of Phyllis Thall
- ---- in memory of Ray Cohen

Philip and Natalie Vicki Stein

- ---- in memory of Fannie Schlissel on her yahrzeit
- ---- in memory of Samuel Cohen on his yahrzeit
- ---- in memory of Louis Schlissel on his yahrzeit
- ---- in memory of Harold Stein on his yahrzeit
- ----in memory of Sheldon Schlissel on his yahrzeit

Rabbi Susan Schein

---- in memory of Jody Katz

Craig Blumsack Fund

Matthew and Florence Lewiss

---- in loving memory of Joseph Lewiss on his yahrzeit

Endowment Fund

Martin and Joanna Lazarus

---- in loving memory of David Hillsberg on his yahrzeit

Essential Services Fund

Neil R. Williams

Andrew and Donna Goldman

- -----in memory of Rabbi Marc's mother, Edith Greenberg Ekstrand
- -----in honor of Lois and Don Steinman's 50th wedding anniversary

Anna Fulchiero and Family

---- in memory of Sam Elkin

Barbara Kil

----- in loving memory of Elizabeth Glenn on her yahrzeit Elwin Schwartz

---- in loving memory of Ellen Schwartz on her yahrzeit

Gail and Steve Weber

---- in memory of Sam Elkin

Joan Levine

- ---- in loving memory of Jules Levine on his yahrzeit
- ---- in loving memory of Grace Wertheim on her yahrzeit

Karen Dinsfriend

- ---- in memory of Edith Greenberg Ekstrand
- ---- in memory of Frank Church

Katherine Rosen

----- in loving memory of my father, Victor D. Rosen, on his yahrzeit

Paula Garnica

---- in memory of Karen Blinderman

Robert and Caren Linden

---- in memory of Edith Greenberg Ekstrand

Seymour and Patricia Hendel

---- in memory of Edith Greenberg Ekstrand

Sonya and Maier Fein

---- in memory of Edith Greenberg Ekstrand

Stuart and Marilyn Fishbone

---- in memory of Edith Greenberg Ekstrand

Mitzvah Fund

Alicia Bauer

----- in memory of Rabbi Marc's mother, Edith Greenberg Ekstrand

---- in memory of Jody Katz

Barry and Cecile Feldman

- ---- in memory of Edith Greenberg Ekstrand
- ---- in memory of Frank Church

Elsa Freedman

- ----- in loving memory of my wonderful sister, Sheila Wasserman, on her yahrzeit
- ---- in memory of my special friend Jody Katz

Ethel Chatkin

- ---- in memory of Sam Elkin
- ---- in memory of Edith Greenberg Ekstrand

Gail and Steve Weber

- ---- in memory of Henrietta Weber
- ---- in memory of Edith Greenberg Ekstrand

Hali and Gerry Keeler

- ---- in memory of Edith Greenberg Ekstrand
- ---- in honor of Lois and Don Steinman's 50th wedding anniversary

Pearl Parker Religious School Fund

Judi Glickstein

---- in memory of Sam Elkin

CONTINUED ON PAGE 8

Fifth Cabaret Night: A Multi-Generational Hit

(Event Co-Chairs Armi Rowe and Sherry Barnes)

On Saturday, February 3, Temple Emanu-El hosted its Fifth Annual Cabaret Night, an evening of appetizers, Havdalah, a variety show, and dessert. Eighteen acts were presented, the most since the event's inception. There were over 100 in attendance as evidenced by the audience cheering from 12 tables, some overfilled.

"I was blown away by the professionalism of our younger members, both on the [Temple] board and on the stage. I think that is one of the greatest gifts of this night. The true participation of the multi-generations," said Renee Kohanski, one of the evening's ballroom dance performers.

Attendees were treated to exciting dance performances, sweet and melodic duet harmonies including two acts which honored Jody Katz's memory with sing-a-long tributes. There were several groups of family members who sang together as well as comedic acts on stage. Brave soloists shared more sentimental journeys through poetry, opera, and folk music. There were large multi-generational groups who filled the stage with polished performances of Broadway and jazz tunes. There was even a Torah lesson wrapped up in suspenseful juggling.

Thank you to all of our Cabaret Night 2018 performers for sharing their talent and artistry: Claire Warren & her instructor Mekhael Srour (of Allure Dance Studios); Richard Simonson, Phyllis Holtzman & Leah Simonson; Sean Bendick; Deb Linder; Marcia & Beca Reinhard; Barbara Luftglass-Morea & Greg Morea; Rabbi Susan Schein; Rabbi Aaron Rosenberg; Chris & Hunter Rock; Ethel Chatkin; Renee Kohanski & her instructor Johnny Gonzales (of Arthur Murray Dance Studio); Bethany Kanfer; Trevor Fornara; Hannah & Jared Linder; Luanna Calisman, Scott, Jennifer, Amanda & Gabrielle Zettler; Sherry Barnes; Amanda, Armi & Jonathan Rowe; Ryan Fornara, and Marc Goldsmith.

Our sincerest thanks to all who donated appetizers, baked goods and refreshments -- Sue Fornara, Karen Rosenberg, Renee Kohanski, Marcia Reinhard, Michael Preis, Terri Goldsmith, Sean Bendick, the Zettlers, the Simonsons, Scott Wolfe, Sivan Gvili, Sarah Straus, Deborah Linder and Edee Smith. We also express our deepest appreciation to everyone who helped prepare, run and clean-up for Cabaret Night -- Jonathan Rowe, for the sound system; Ryan Fornara for running the sound system; stage crew members Trevor Fornara and Gabrielle Zettler; decoration committee members Sue Fornara and Deb Linder; videographer Scott Zettler; Hannah Winograd and Mimi Perl for publicity; and last but not least for our fantastic kitchen committee Sue Fornara, Deb Linder, Edee Smith and our awesome kitchen attendant Dona Casey.

Thank you to all of you for a truly memorable evening. We are currently gathering video clips so we can share links for all to enjoy viewing the acts.

We are eternally thankful for the support of those below. . .

CONTINUED FROM PAGE 7

Rabbi Aaron Rosenberg Tikkun Olam Scholarship FundMarvin and Jane Schnur

---- in loving memory of Norman Schnur on his yahrzeit

Rabbi's Discretionary Fund

Abraham and Sandy Fisher

---- in memory of Rabbi Marc's mother, Edith Greenberg Ekstrand

Barbara and Joe Quaratella

David Fearer

----- in memory of Edith Greenberg Ekstrand Barry and Stephanie Thorp

- ---- in loving memory of Philip Crystal on his yahrzeit
- ---- in memory of Edith Greenberg Ekstrand

Claudia Shapiro

----- mazel tov to my dear husband, Lester, on his 90th birthday! I will always love you!

Deborah and Harold Shapiro

---- Lester, we will see you this coming summer as usual. G-d bless you. Mazel Tov on your birthday. Elwin and Cheryl Schwartz

- -----in memory of Edith Greenberg Ekstrand Florence and Michael Betten
- -----in memory of Edith Greenberg Ekstrand Jane and Chic Weinberg
- -----in memory of Edith Greenberg Ekstrand Judi Glickstein
- -----in memory of Edith Greenberg Ekstrand Leila Shepard
- ----- in loving memory of Joseph Shepard on his yahrzeit Lois and Don Steinman
- ----in memory of Edith Greenberg Ekstrand

Mark and Dianne Rubin

- -----in memory of Edith Greenberg Ekstrand Michael and Tracy Shapiro
- ----- happy birthday, Dad! Just keep up your one-mile swim at Conn College & Ocean Beach! Richard and Myra Gipstein

---- in memory of Edith Greenberg Ekstrand

Café Israel Returns to Emanu-El

Café Israel, once known as Café Dilemma, is returning to Temple Emanu-El on **Thursday, March 15 at 7pm**. Four years ago, Temple Emanu-El was the first synagogue to host, what was at that time, a new program. The evening will consist of a dinner cooked by Ziv and Sivan (and anyone else who cares to come and help) consisting of Israeli Salad and Shakshuka, a delicious Israeli dish. Ziv's parents own a restaurant and catering business in Israel and since Ziv learned from the culinary talents of her parents, she is an amazing cook in her own right who makes truly delicious Shakshuka! During dinner, Ziv and Sivan will lead a lively discussion about **All Things Israel**. Bring any questions, comments or topics with you that you would like to have answered or discussed. Don't miss out on this delectable and thought-provoking evening.

There is a total of 18 spots available (plus a few extras, if needed) so please make your reservations soon as this dinner tends to fill up quickly. In the past, the evening has been oversold. However, everyone was accommodated as will be the case with this one.

To reserve a spot for this evening, please contact Mimi Perl at the Jewish Federation **860-442-8062** or **office.jfec@gmail.com**. You may also email Marcia Reinhard at **mreinhard.jfec@gmail.com**. The cost for the dinner is \$18 per person which will help us cover the cost of the food and any other expenses incurred.

Ziv and Sivan are returning from their hiatus at home in Israel and this is a great way for them to "kick-off" the second half of their year with us. They are looking forward to getting back, seeing as many of you as possible and enjoying a dinner and discussion with all who can attend.

BBYO enjoys a busy February by Trevor Fornara

These past few weeks have been relatively busy in the Yachad BBYO world. This can mainly be contributed to the conference we had at the end of January that I discussed in previously, the cabaret night held at Temple Emanu-El on February 3, and our Tu B'Shevat Dumpling event which we had on February 11.

The cabaret night, run by Armi Rowe, a congregant and parent to one of our members, and Temple Emanu-El's own cantorial soloist Sherry Barnes, was a great success as usual. This was the fifth annual cabaret held at Emanu-El, and each year we've seen it pull together members of our community of all ages for a night of singing, dancing, comedy, and even some juggling!

Our youth group decided to perform a rendition of "Sunrise Sunset" from the musical Fiddler on the Roof, a favorite of all of us. We tried our best to fit in practices between all of our busy schedules, meeting for an hour or two after school a few days in the weeks leading up to the big night. We broke the record for most people on stage at the cabaret, with nine of us performing including our advisors Marcia and Beca Reinhard. The other seven were Jared Linder, Hannah Linder, Amanda Rowe, Gabrielle Zettler, and Luana Calisman on vocals, me (Trevor) on flute, and the incredible Hunter Rock on piano. We were able to pull our act together at the last minute and give what I thought was a great performance, though as my brother said, "everything was perfect, except the guy on the flute was a bit out of tune." Our performance is posted on the Yachad BBYO Facebook and Instagram pages, if you want to take a listen.

On February 11 we had a Tu B'Shevat youth group event

where we made vegetable dumplings. Everyone was divided up into three teams, each team getting their own dough, making their own fillings, and stuffing their own dumplings. I had made dumplings several times before, so I walked everyone through the process, and as Mike Reinhard and I fried them up in the Temple Emanu-El kitchen, the group played games and learned about the holiday of Tu B'Shevat, the Jewish Arbor or Earth Day. As our program came to an end, Marcia Reinhard and I judged the dumplings. Team One won for presentation and texture while Team Three won for taste although it was a close call against Team Two. Then we feasted on our doughy creations, on fruit and Fig Newtons, sticking to the Tu B'Shevat theme.

As for upcoming events, we're planning our sleepover at the temple, or Shul-In, for sometime in March. We hope to get the information for the event out soon so that our members can make sure their calendars are clear, as this could be our biggest event of the year! To conclude, our senior youth group is larger and more active in our community than ever before, and we aren't showing any signs of slowing down.

Trevor Fornara is the Mazkir or Secretary for the 2017-18 BBYO Chapter Board. Trevor is a sophomore at Stonington High School with strong interests in Music and Technology. This is Trevor's first year on the board.

Answer to Trivia Question from page 1

Hemoglobin

SHABBAT Dinner - April 6, 2018

Children and adults of all ages are invited to join us for Shabbat dinner.



TOT SHABBAT - 5:30 P.M. SHABBAT DINNER - 6:00 P.M. SHABBAT SERVICE - 7:00 P.M.

The cost of the dinner: \$18.00 per adult and \$5.00 per child 18 and under. (Thank you to the Bill Bentley Fund for subsidizing the balance of the children's dinners.)

Please RSVP "with payment" by Sunday, March 28 (before Passover!) for dinner on April 6		
Name:		
Phone:	E-mail:	
# of Chicken Florentine	#Vegetarian/Vegan	
Total # of Adults x \$^	18.00 =	
Total # of Children x \$ (Chicken fingers & sweet potato fries)	5.00 =	
Total Enclosed		
Checks should be made payable to:	Temple Emanu-El PO Box 288 Waterford, CT 06385	

Join us for the Annual Temple Emanu-El Passover Seder

29 Dayton Rd. Waterford, CT 06385 Friday, March 30, 2018 at 6:00 pm Adults: \$36 per person Children (Under 13): \$20 per child

Please Bring a Kosher-For-Passover Dessert to share.





Any questions, please call the Temple Office 860-443-3005.

Please respond, with payment, to Temple Office no later than Monday, March 19, 2018

Doggovan Codon Enidov Monch oo 2019

Passover Seder, Friday, March 30, 2018

RSVP by Monday, March 19, 2018

Family	Phone:	
Number Attending: @ \$36/I		
$Ad\iota$	elts Children (under 13)	
Requests for vegan or vegetarian meals should be made when you RSVP#		
1 3 6 6		
Total Cost: \$		

Please Bring a Kosher-For-Passover Dessert to share.

Mail Payment to Temple Emanu-El P.O. Box 288 Waterford, CT 06385 by March 19, 2018

Rabbi Aaron Rosenberg TIKKUN OLAM AWARD Attention High School Seniors

In order to honor Rabbi Aaron Rosenberg's 35 years of service to Temple Emanu-El and to continue the spirit of Tikkun Olam he taught and modeled for all the children of the congregation, this award/scholarship was established in 2015. The Rabbi Aaron Rosenberg Tikkun Olam Award is given each spring to a high school senior who is a member of Temple Emanu-El and who with his/her actions makes the Temple Emanu-El community and the community-at-large a better place with kindness, tzedakah, and the performance of mitz-vot.

A plaque with the yearly honorees is posted in the atrium outside the Religious School. Previous honorees are Sierra

Name:

McCaffrey (2016) and David Hausmann and Nathaniel Rowe (2017).

A committee reviews applications and selects the worthy candidate. We hope that all high school graduating seniors of Temple Emanu-El will apply to be our 2018 recipient/s of this prestigious award. The application is below and is also available in the Temple office. Applicants may be invited for an interview with the selection committee. **Deadline for application is Friday, April 13, 2018.**

Barbara R. Senges

Chair Selection Committee Rabbi Aaron Rosenberg Tikkun Olam Award

Rabbi Aaron Rosenberg Tikkun Olam Youth Award APPLICATION

The student applying for this award or the third-party who recommends a student should submit their application by April 13, 2018. Application should be mailed to Temple Emanu-El, P. O. Box 288, Waterford, CT 06385.

Address:
Telephone #:
E-mail Address:
I feel that I qualify (he/she qualifies) for the Rabbi Aaron Rosenberg Tikkun Olam Youth Award for the following reasons: A. Ways I (he/she) have enriched the Temple community.
B. Ways I (he/she has) have helped the community at large and world.
C. Other.
D. Provide the name and phone number of a person who can speak for your candidacy.

Please respond to A, B, and C in essay form on a separate piece of paper.

March Services & Schedule of Events

March 1 Thur.	7:30 P.M.	Nar-Anon
March 2 Fri.	6:00 P.M.	Shabbat Dinner
march 2 mm	7:00 P.M.	Shabbat Service
March 4Sun.	9:30 A.M.	Free Brotherhood Bagels
Waren 45an	9:30 A.M.	Religious School
	11:00 A.M.	Talmud Study
March 5 Mon.	12:00 P.M.	Jewish Federation Senior Lunch
March 5 Mon.	6:00 P.M.	Jewish Community High School
March 6 Tues.	6:00 P.M.	Beginning Hebrew
March 7 Wed.	4:30 P.M.	Midweek Hebrew School
March 8 Thur.	12:00 P.M.	Food for Thought
March o mar.	7:30 P.M.	Nar-Anon
March 9 Fri.	7:30 P.M.	Shabbat Service
March 11Sun.	9:30 A.M.	Free Brotherhood Bagels
March Houns	9:30 A.M.	Religious School
	10:30 A.M.	Preschool
	11:00 A.M.	Talmud Study
	12:30 P.M.	Habitat for Humanity Build
March 12 Mon.	12:00 P.M.	Jewish Federation Senior Lunch
	6:00 P.M.	Jewish Community High School
March 14 Wed.	4:30 P.M.	Midweek Hebrew School
	7:30 P.M.	Board of Trustees Meeting
March 15 Thur.	6:30 P.M.	Café Israel, R.S.V.P. to Jewish Federation
	7:30 P.M.	Nar-Anon
March 16 Fri.	7:30 P.M.	Shabbat Service
		Girl Scout Shabbat
March 18 Sun.		Early-Bird Price deadline for Brotherhood Italian Nite on Mar. 25
	9:30 A.M.	Free Brotherhood Bagels
	9:30 A.M.	Religious School
	11:00 A.M.	Talmud Study
March 19 Mon.		R.S.V.P. Deadline for Passover Seder on March 30
	12:00 P.M.	Jewish Federation Senior Lunch
	6:00 P.M.	Jewish Community High School
March 20 Tues.	6:30 P.M.	Sisterhood Dinner Out at the Black Sheep in Niantic
March 21 Wed.	4:30 P.M.	Midweek Hebrew School
March 22 Thur.	7:30 P.M.	Nar-Anon
March 23 Fri.	7:30 P.M.	Shabbat Service
March 25 Sun.	9:30 A.M.	Free Brotherhood Bagels
	9:30 A.M.	Religious School
	10:30 A.M.	Preschool
	11:00 A.M.	Talmud Study
	5:00 P.M.	Brotherhood Italian Nite
March 26 Mon.	12:00 P.M.	Jewish Federation Senior Lunch
	6:00 P.M.	Jewish Community High School
March 28 Wed.		R.S.V.P. Deadline for Shabbat Dinner on April 6
	TBD	Sisterhood Movie Night in Niantic
March 29 Thur.	7:30 P.M.	Nar-Anon
March 30 Fri.	6:00 P.M.	Passover Seder, R.S.V.P. by March 19

Save the Date: Sat., May 5 Emanu-El Dinner Dance at Holiday Inn, Norwich

Support Temple Advertisers • \$18 monthly • \$165 for 11 months • Call 860-443-3005



Direct: 860-443-4400 Cell: 860-625-5255 Email: Geoff@CallTheHausmann.com Website: www.CallTheHausmann.com Blog: CTHouseMan.com





Rediscover the Stories. Start the Conversation.



ockumemories

www.rockumemories.com

Hannah R. Winograd

E-mail: hrd327de@yahoo.com Cell: 860-204-7266

Home: 860-464-9174

Design Your Future

Cards, Logos, Pamphlets & More for Business or Personal Use

/linuteman **Norwich**

www.mmpct.com P: 860.887.7468

New London

www.mmpnl.com P: 860.701.9171

DESIGN · COPY · PRINT · PROMOTE · MAIL

Full Service Print & Copy Center

Specializing in Bar/Bat Mitzvah Invitations & Programs

Support Our Temple Members





NEW LONDON

SELF-STORAGE

CLIMATE CONTROLLED 860-442-0008

www.NLSelfStorage.com

Conveniently Located Just Over the Waterford Town Line of 944 Bask St, E.L. Solido Styp+A+Town

Brand New, Clean Facility 24/7 Video Survaillance Secure Gate with Keypod Entry Mouth to Month Rentals Free "We'll Pick II Up" Service Locally Owned & Managed 200+ Units - 6 Sizes, up to 10'4" ltt. **Climate Controlled Automobile Bays** Boxes, Locks, Packing Supplies



PsychologyCT.com

Schaperow Psychology & Associates:

Thorough diagnostic assessments; psychological testing; individual, marital, & family therapy.

Holistic Wellness Center of CT:

Massage therapy; meditative gigong; herbology consultation

Cognitive Behavioral Therapy (CBT) Center:

Evidence-based CBT to improve mental health, and decrease stress for certain physical illnesses.

860-447-2047 / PsychologyCenterOffice@gmail.com



KIRK F. ENGEL, DMD 314 Flanders Road East Lyme, CT 06333 t. 860.739.3133 f. 860.739.3131 eastlymeoralsurgery.com

A Top Oral & Maxillofacial Surgeon in Connecticut Magazine Diplomate, American Board of Oral & Maxillofacial Surgery National Dental Board of Anesthesiology





Preschool Program for 3-5 year olds

Registration now being accepted for 2018/2019 Mon.-Fri. 9:00-1:00

Accredited by the Connecticut Association of Independent Schools



29-B Dayton Road Waterford, CT

in Temple Emanu-El near Toys-R-Us

For further information please contact Barbara Wolfe bwolfe@ssa-newlondon.org or call the school 860-443-5589 TEMPLE EMANU-EL PO BOX 288 WATERFORD, CT 06385

Please use PO BOX 288 WATERFORD, CT 06385 when mailing material to the temple

Non-Profit Organization U.S. Postage PAID New London, CT 06320 Permit #480

Deadline for April 2018 Bulletin is Friday, March 16.

Email your articles to Roberta at temanu-el@sbcglobal.net

CHANGE SERVICE REQUESTED

Our Leadership

Rabbi / Marc Ekstrand / marcekstrand@gmail.com Rabbi Emeritus / Aaron Rosenberg / arloveskr@aol.com Cantorial Soloist / Sherry Barnes / shirie386o@aol.com President / Sean Bendick / sbendick.of.tem@gmail.com

1st Vice President / Scott Zettler

VP of Building and Grounds / Geoff Hausmann

VP of Fund Raising / Scott Wolfe

VP of Religious Practices / Jo Michaelson

Treasurer / Chris Rock

Financial Secretary / Tom Smith

Recording Secretary / Mike Roseman

Corresponding Secretary / Deborah Linder

Immediate Past President / Gail Weber

3 Year Trustees: Stanley Bloustine, Elyse Hicks,

Elizabeth Masson, Amy Perry

2 Year Trustees: Jo-el Fernandez, Susan Fornara

Barbara Luftglass-Morea, Marcia Reinhard

1 Year Trustees: Regina Magnus-Aryitey, Caren Linden

Rachel O'Brien, Armi Rowe

Social Action Chair / Marty Zeldis

Sisterhood / Janine Sitko

Brotherhood / Jonathan Rowe

School Directors / Barbara Kallan & Marc Goldsmith

Administrator / Roberta Reisner-Winograd

Webmaster / Hannah Winograd

webmaster@tewaterford.org

Custodian / Don Kasper

Bulletin Editor / Mimi Perl

Location: 29 Dayton Road, Waterford, CT 06385 **Mailing Address:** PO Box 288, Waterford, CT 06385

Office: 860-443-3005

Religious School: 860-439-0406 Email: temanu-el@sbcglobal.net Website: www.tewaterford.org

