



## Rabbi's Message - Marc Ekstrand

Chaverim,

One of the many things that I've learned from my children is that they thrive through routine. The more they can accurately predict what is going to happen, the happier they are. Nava and Ilan are at a stage where they are fascinated by clocks and calendars. They have figured out that the sun going down does not necessarily mean that it is bedtime. And a warm day doesn't mean it's spring. The better clues are where the big hand of the clock is located and what holiday we've just had. They want to know what is coming, and how to predict what is coming. When we become adults, our affinity for routines does not disappear. Our bodies and minds benefit from regular sleep cycles, eating habits and exercise routines. A steady job or predictable returns on our investments are best for our financial health. A surprise now and then might jump start us out of a slump but overall, routine is the foundation of a balanced life.

Routine is the foundation of our spiritual health as well. There are many routine cycles and timetables in Jewish life. From the time we are eight days old, we are inaugurated into the routines of Jewish life and simultaneously welcomed into the Jewish community. Routines and community go hand in hand. There are very few things in Jewish life that we do alone. We come together to learn and study. We pray, celebrate, mourn together. Within the calendrical cycle we observe the festivals together. These are times for remembering both our people's history and preparing for our own future. The week begins with Havdallah, concludes with rejoicing in Shabbat and then begins again. With each cycle we see that an end is an opportunity for a beginning. There is no beginning without an end to something else.

At the same time we thrive through routines and cycles, life throws a lot of uncertainty at us. The uncertainty can sometimes be good, bringing spice to life, expanding our knowledge. But all too often uncertainty is an unwelcome disruption and can cause irreparable damage. We need ways to cope with uncertainty. Routines are the key to coping. Regular exercise and eating well builds strength. With that

strength, more easily we can recover from various health problems or fight disease. If we've saved a few dollars each week, the better we can endure when unexpected expenses hit us out of the blue.

Our spiritual life is no different. We are unavoidably confronted by spiritual pitfalls: the loss of family members or friends, quality of life changes, the challenges of children or aging parents, struggling with illness and addictions, and much more. When things get spiritually rough we should turn to our faith and faith community for support. After a trauma or loss, routine can help get us back on track. When the spiritual challenges occur, they cause us to ask big questions and seek answers. We might ask, where is God; or even, is there a God? Why did this happen to me or my loved one? Does God answer prayers? There are so many questions that can come to mind when we are vulnerable or in despair. Our faith community is the right place to turn in such circumstances. But routine is important before trauma or loss. When things are going along well is the time to do your spiritual exercise. Come and study; come to services; come to community events; make connections with people, and with God. The more spiritual strength you build, the more you will get out of your daily life and the better prepared you will be for life's surprises.

L'shalom,

**Rabbi Marc**

## President's Message—Sean Bendick



### The Anti-Social Network

I try to use my space in the bulletin to keep you all informed on the goings on at the Temple, or to share a story from my life that I think relates to our community experience. However, when you sit on the bima week in and week out, listening to Rabbi Marc's weekly d'var Torah, you eventually, get the urge to prepare a sermon every now and then. This month I wanted to talk about how I'm trying to kick the Facebook habit.

I'm my family's Corresponding Secretary. I used to be the

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## President's Message—Cont from page 1

one to put together the holiday greeting cards. When the kids were little, I would put together the annual holiday bulletin bragging about all of our accomplishments. Then, I discovered the world-wide-web, and I started a family web site where friends could see our pictures more often.

Then... along came Facebook. What a wonderful idea. I could post pictures without having to program a web site. It was fun! I could reunite with old friends. I could see what was going on with people I knew. I could share jokes. Like many of you, I could lose myself on Facebook for hours at a time. THEN... along came my smart phone and it's Facebook app! Now I could Facebook wherever I was. It's been several years now, and boy, do I check Facebook wherever I am.

I'm glad that I'm not addicted to nicotine, alcohol, or another drug. But I think I'm addicted to Facebook, and it's not healthy either. I notice that I pick up my phone and reflexively open Facebook even if it's only been a few minutes since my last check. So it's a constant distraction. Another thing that's becoming clear to me is that the experience doesn't make me feel good anymore.

First off, I've long since stopped corresponding. Since I was posting and friending more and more people, I figured I didn't need to send holiday cards any more. A few years down the line, we don't receive that many cards either. It makes for a depressingly bare mantle in December. Next, I've come to feel petty when I read what friends are doing. Are they bragging? Are they just making stuff up? Why don't I get to go to Bora Bora? Lately, it's the politics... an environment where stories have become arguments, and humor has become trolling. I never really feel good after a Facebook session. Sometimes I feel downright angry.

So, I'm trying to cut down. The shame of it is that the system is necessary in many ways. Hidden among the crap, our Temple events are easy to find; local businesses that I like advertise there. So, I feel stuck surfing Facebook. Still... I try to put my phone away, rather than always having it on me. I'm not posting as much anymore. I'll talk about sports, but I'm trying not to brag or complain about everyday stuff. I'm trying not to poke fun at other people's posts. If I start talking politics, then I want you to call me out on it. Not for my opinions, but for feeding the noise.

So, how are any of you going to hear from me? (You had to know this was coming...) Come to services and see me at Temple!!

**Sean**



## Notes from Sherry Barnes



Music is a means to express oneself. It can be romantic, scary, motivating or meditative, and can evoke a myriad of emotions. Like many of us, music has always been a part of my life and I can't imagine a day without it. My father was always singing when I was growing up. He played classical, country, Mitch Miller, Elvis, Sinatra, and dance music, just to name a few. I learned to waltz while standing on his feet. Music is tied to memory.

The Mayo Clinic states that playing music for Alzheimer and dementia patients can provide emotional or behavioral benefits, because musical memories are often preserved in key brain areas linked to musical memory which are relatively undamaged by these diseases. Music can make you feel comfortable. Sort of like being with an old friend.

There are many pieces we sing on Shabbat evening that we have been singing since I came in 1987. For example, Shalom Rav is one of those pieces, as is the French Sephardic Adon Olam, and the traditional V'shamru. Over the last 18 years, I have noticed that there has been an explosion of new music written for liturgy. Some of it written especially for the poetry on the left side of the page in our siddur. When Rabbi Marc and I sit down to plan a service, liturgy and the music we want to use to convey a certain feeling are always a part of our discussion. The pieces we choose to add to a service are chosen with care and thought. Pieces like Let There Be Love, written by Noah Aronson, the new Hinei Mah Tov, and Lecha Dodi, written by Elana Arian, are sung quite often.

Sometimes a new melody allows you to feel a piece of liturgy or text differently. The first time I had heard the Zohar's Psalm 23, The Lord is my shepherd I shall not want, I was surprised that it was sung on Shabbat and that they chose to compose music for the text that was upbeat. I had only sung Psalm 23 at funerals or at a Yizkor service. Hearing the piece through the upbeat piece of music, allowed me to hear the words of this psalm in a way that I had not thought of before. It allowed it to become a relevant prayer of gratitude, as opposed to something only sung or said to comfort those who are mourning.

Music touches each of us differently. I hope both the new and old music that we sing continues to enrich our liturgy.

B'shir,

**Sherry**



It's hard to believe we are already beyond religious school's first semester. Our time with staff and students has flown by! Bon voyage to Alexis Fenton, whose family has moved to New Zealand for a one-year adventure. We will miss them and wish them all a safe journey and wonderful new experiences. Special thanks to Andrea Fenton who helped facilitate the 8<sup>th</sup> Grade field trip to Touro Synagogue in Newport, Rhode Island with teacher Liam Feldman and our Young Israeli Emissaries, Roy and Liron.

We also wish Liron and Roy a restful break with their families in Israel. Thank you to you both for having contributed so much to our students' Jewish education on Sunday mornings and Wednesday mid-week Hebrew sessions through your school "twinning" (our 7<sup>th</sup> and 8<sup>th</sup> grade students are matched with Israeli students of the same age through projects which explore their shared Jewish identity and multicultural experiences) activities, Israel Pride lessons, modern Hebrew games and the Living Bridge project. See you in a couple of weeks!

Mazal tov to Kitah Hay (5<sup>th</sup> grade class), and their families, for participating during Shabbat Service on Friday, January 4. We enjoyed hearing their voices as they helped lead prayers from the bima, march with the Torah during Hakafah and sing the closing song so beautifully. Thanks to their families for also contributing to the Shabbat oneg. Please join us again on February 1<sup>st</sup> at Shabbat, when it is Kitah Dalet's (4<sup>th</sup> grade) turn to participate.

Thank you to Dr. Andy Parad, a religious school parent, who volunteered to serve as school atrium monitor for us on Sunday, January 13. Our hope is that more parents can also help serve as **monitors for our school atrium door**, even if only for 30 minutes from 9:30-10:00 and for 15 minutes from 11:45-12:00 on one Sunday per month, it would make a huge difference. Otherwise, latecomers and visitors may continue to **ring the doorbell** on the upper right part of the atrium door. One of us will be alerted in the school office or hallway, so we can let you into the building.

We hope once you have received your child's religious school progress report that you will find the information we have provided meaningful. Please feel free to call us if you need any additional details about what your children have been learning in class.

Save the date for our next Havdalah Pajama Movie Night on Saturday, February 23. Wear cozy pajamas and bring warm sleeping bags or blankets. We'll provide the movie munchies and drinks. More details to follow about the movie title.

Warmest regards,

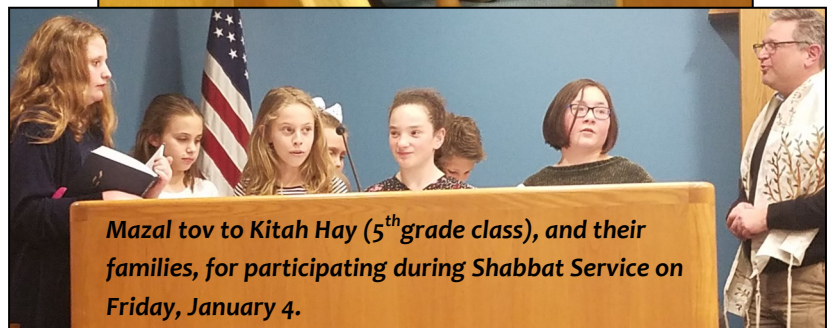
***Armi Rowe and Jennifer Zettler***

TERS Co-Administrators

[religiousschool@tewaterford.org](mailto:religiousschool@tewaterford.org)



**8<sup>th</sup> Grade field trip to Touro Synagogue in Newport, Rhode Island**



**Mazal tov to Kitah Hay (5<sup>th</sup> grade class), and their families, for participating during Shabbat Service on Friday, January 4.**

## Adult Education 2018-19 / 5779

### Introduction to Judaism Course

Want to know more about Judaism because...

You're considering conversion? Someone you love is Jewish?

Your kids ask lots of questions? You didn't pay attention in religious school?

Whatever your reason, come join Rabbi Marc for a 13-Week Intro to Judaism Course

**1st and 3rd Thursdays of each month, October through March – 8 P.M.**

RSVP or inquiries to Rabbi Marc at [rabbi@tewaterford.org](mailto:rabbi@tewaterford.org).

### Introductory Hebrew

Join Rabbi Marc for an introduction to Hebrew class

**Kitah Aleph 6:30 P.M. (Tues. Feb. 5, 19, and 26 )**

**Kitah Bet 7:30 P.M. (Tues. Feb. 5, 19, and 26 )**

The class is taught primarily from the perspective of Biblical Hebrew and builds on whatever prior knowledge you have.

Contact Rabbi Marc at [rabbi@tewaterford.org](mailto:rabbi@tewaterford.org) to determine which session is right for you.

### Torah and Haftarah Cantillation

Our Sacred texts come alive through musical codes. Come learn

this sacred tradition with Cantorial Soloist Sherry Barnes, exploring Shabbat, High Holy Days, Magillot, and Haftarah cantillation.

**Tuesday evenings, 6:30 to 7:30 P.M. – December through June.** RSVP to Sherry Barnes

at [cantorialsoloist@tewaterford.org](mailto:cantorialsoloist@tewaterford.org)

### Food for Thought

Join in on this once-a-month open discussion of where our Jewish heritage, identity, and values intersect with our modern world. Conversation facilitated by Rabbi Marc.

**Second Thursday of the month, 12 noon – Feb. 14.** Bring your own brown bag lunch. We'll have a plate and some drinks available for you. No RSVP necessary.

### Bible Study Group

The Temple Emanu-El Adult Education Group has been meeting on Sunday mornings at the Temple for 24 years. Although we do study the Torah, we have also delved into the Talmud, Josephus, Apocrypha, Quran, and New Testament. No prior knowledge required, and we don't take ourselves too seriously. If you want to learn more, come and join us from 11 to 12:30 in the sanctuary during the school year.

## Pre-School



Preschool takes place on **Sunday, Feb. 3 and 24 at 10:30 A.M.** Monica Goldstein is the teacher.

The program includes music with Cantorial Soloist Sherry Barnes, and special

programming for holidays with k-2. Additional dates for 2018-2019: March 3 and 17, April 7 and 28, May 5 and 19. If you are interested in signing your child up for class, please contact the office at 860-443-3005.

## Gift Cards



Please consider donating Stop and Shop, Shop Rite, Big Y, Walmart or other gift cards for people in need.

The Temple office receives calls for help purchasing food throughout the year. **Please help replenish the supply.**



## Sisterhood — Janine Sitko & Merrill Mazzella, Co-Presidents

**Movie Night** ~ Thursday, February 7 ~ Movie, location and time TBD

**Dinner Club** ~ Wednesday, February 20, 6:00 P.M. ~ Restaurant TBD

### Sisterhood-Sponsored Shabbat Onegs

Sisterhood will be sponsoring the 2<sup>nd</sup> Friday night of each month beginning on March 8 (then on April 12, May 10, and June 14). An email will be sent out in advance for sign-ups. Thank you all in advance for helping to make our onegs warm, welcoming and delicious!

### Joint Book Club with Hadassah

Sisterhood/Hadassah Book Club evening will be taking place at Temple Emanu-El on **Tuesday, April 2, 7:00-8:30 P.M.** We will be reading **Dara Horn's "Eternal Life: A Novel"** as the selection for the annual joint book club event with Hadassah. Please plan to join us and begin reading...

*"Gripping, hilarious, and profoundly moving, Eternal Life celebrates the bonds between generations, the power of faith, the purpose of death, and the reasons for being alive."*

Here is a link to the book and it's summary on Amazon...

[https://www.amazon.com/gp/aw/d/0393356566/ref=tmm\\_pap\\_title\\_0?ie=UTF8&qid=&sr=](https://www.amazon.com/gp/aw/d/0393356566/ref=tmm_pap_title_0?ie=UTF8&qid=&sr=)

(It is available in hardcover, paperback, kindle and audio-book.)

### Gift Shop

Come visit the Temple Emanu-El Gift Shop during our usual hours on Sunday mornings during Religious School. Browsers welcome!



With the New Year, we have a need for fresh ideas. There has been a demand for some apparel, but unfortunately a decent supplier has not been found. Please contact me if you are interested in helping with designs. Anyone with some artistic talent would be appreciated.

I also would like to alter the way the Hanukkah Fair is run. Please contact me if you have some retail experience and can advise.

The gift shop is becoming more environmentally friendly. We are switching to paper bags for purchases. If anyone has paper bags to donate, all sizes will be gladly accepted.

You can always reach me at [judaicashop@tewaterford.org](mailto:judaicashop@tewaterford.org) or 860-625-6618.

Thanks,

**Susan Hausmann**

## Brotherhood

*Jonathan Rowe, President / [bioconsultants@yahoo.com](mailto:bioconsultants@yahoo.com)*

### Caretaking Series Offered—beginning Sun., Feb. 3

The Brotherhood of Temple Emanu-El is sponsoring a Care-taking speaker series in three sessions starting with

**PLANNING FOR PROBATE on Sunday, February 3**, from **10:00 - 11:30 A.M.** in the Social Hall at Temple Emanu-El Waterford. Probate Judge Jeffrey McNamara of the Niantic Regional Probate District will be explaining the documents and procedures of probate and will take questions from the audience. Probate Court User Guides will be available as well. Everyone is welcome and refreshments will be provided by the Brotherhood.

The second session, **NAVIGATING TITLE 19**, will feature **Michelle Dempsey of Mystic on Sunday, February 24**, again from 10-11:30 A.M. at the Temple. Her business, Title 19HELP, specializes in the area of Medicaid, specifically Title 19, and

Michelle has worked in the field for 15 years. She will also address long-term care and nursing home issues. Hand-outs will be provided to lessen the need for note taking.

The **third session, SENIOR RESOURCES**, will present Joan Marshall of the Area Agency on Aging in Norwich on **Sunday, March 3, from 10-11:30AM** at the Temple. She will explore information and resources in this geographical area for the various needs of the senior population. Questions from the audience are encouraged.

Remember, **FREE bagels during Sunday school**. What could possibly be better than joining us for that?



**Jonathan Rowe**

## January Service & Oneg Thank Yous!

The Goldstein Family  
The Kaplan Family  
The Kaye Family  
The O'Brien Family  
The Prokopets Family  
The Shiekowitz and  
Stillman Family  
The Stein Family  
Adult Bible Study Group  
Polly Berg  
Sue Fornara

Tammy Kaye  
Elyse Kirschblum  
Jody Morris  
Roberta Reisner-Winograd  
Laura Ringer  
Karen Rosenberg  
Armi Rowe  
Edee Smith  
Janine Sitko  
Lois Steinman  
Gail Weber

## February 8—Special Oneg

Please join the Rosenberg family on Friday night  
**February 8.**

Following Shabbat services, Ari, Elon and David,  
and their families will be sponsoring the oneg in  
honor of their parents, **Rabbi Aaron and Karen, on  
their 50<sup>th</sup> Anniversary.**



**Carol, Bill, and Charles Seeman and family  
on the death of Fred Seeman.**

**Condolences to . . .**



**Saturday, February 2, 2019 7:00 p.m.**  
*Havdalah, Appetizers, Variety Show & Dessert*  
*Temple Emanu-El Social Hall*  
RSVP to (860) 443-3005  
\$18 pp / \$50 family donation | Benefits the Essential Services Fund

## February Birthdays

Nicole Arruda  
Spencer Bentley  
Judith Deglin  
Reuben Deglin  
Jacob Feinstein  
Barry Feldman  
Abraham Fisher  
Elsa Freedman  
Allison Sue Glickman  
Andrew Goldman  
Helen Goldstein  
Jack Haynes  
Autumn Hicks  
Viviane Holwitt  
Peter Kallan  
Jillian Kallan  
Jerry Kil  
Barbara Kil

Philip Krasney  
Keith Kriet  
Rachel Kriet  
Ben Lazarus  
Harriet Lesko  
Camden Levine  
Jared Miah Linder  
Regina Magnus-Aryitey  
Lisa Marcus  
Merrill Mazzella  
Gregory Morea  
Ethel Perl  
Matthew Perl  
Jacob Reinhard  
Amanda Rowe  
Mark Rubin

Gregg Selke  
Philip Shapiro  
Milton Sheriff  
Alisa Sheriff  
Oliver Shiling  
Tracy Shoor  
Ira Sitko  
Jessica Sitko  
Leslie Spees  
Elisha Stavropoulos  
Pamela Stein  
Joel Suisman  
Barry Thorp  
Robert Trostler  
Nancy Trostler  
Kenneth Webman

Henry Weinberg  
Sherry Zelvin  
Amanda Zettler



## February Anniversaries



Daniel and Shelley Arenson

Dr. Burton and Janet  
Gischner

Rachel and Michael O'Brien

Leonard Prokopets and  
Yona Gregory

Aaron and Karen Rosenberg

Milton and Alisa Sheriff

Donald and Lois Steinman

*I found the one  
my heart loves...*  
Song of Songs 3:4

### February 1

Jennie Atkind  
Helen Arbetter  
Miriam Shoor Ballot  
Joan Cherry  
Frank Church  
Ruth Fearer  
Ruth Freeman  
Younne Frydel  
Richard Grills  
Gerhard Hausmann  
Gladys Ilson  
Allen Kaufman  
Joseph Lewiss  
Sophie Pagnes  
Benjamin Sherman  
Harriette Siegel  
Sheba Lazev Stark  
Henrietta Weber

### February 8

Larry Axmaker  
Frances Bloomfield  
Harold Goldman  
David Hillsberg  
Flora Nassau  
Philip O. Ross  
Sheldon Schlissel  
Norman Schnur

Louis Shoor  
Bessie Snitman

### February 15

Dorothy Benmaor  
Helene Bloom  
Eleanor Katz  
Pauline Mann  
Lillian Miller  
William Perry  
Albert Punty  
Victor David Rosen  
Nathan Rubin  
Leo Scharfman  
Larry Schneider  
Norma Selwyn  
Joseph Shepard  
Helen Stein  
William SurnamerL  
Phyllis Thall

### February 22

Samuel Cohen  
Philip Crystal  
Rhoda Feinstein  
Iona Fridman  
Eva Isaacson  
Carl Isaacson  
Fannie Schlissel  
Benjamin Stricker  
Elizabeth Weber  
John Zarcheck  
Jack Zavatsky  
Phyllis Zettler



## ***We are eternally thankful for the support of those below. . .***

### **Cantor's Fund**

Barbara Luftglass-Morea  
Greg Morea  
--in memory of Eleanor Grossman  
Norma and Alan Hollandersky  
--for the speedy recovery of Terri Goldsmith  
--for the speedy recovery of Claudia Shapiro

### **Capital Improvements Fund**

Adam Kaufman and Rebecca Woodward

### **Craig Blumsack Fund**

Matthew and Florence Lewis  
--in loving memory of Sylvia Lewiss on her yahrzeit

### **Essential Services Fund**

Deborah Hyland  
Marlis Jacobowitz  
Alan and Patricia Gruber & Sons  
--in memory of Herman Gruber on his yahrzeit  
--in memory of Jeanette Gruber on her yahrzeit  
Caren and Bob Linden  
--in honor of Patricia and Jay Han's grandchild, Amelia  
Taylor Hans  
Elwin Schwartz  
--in loving memory of Ellen Schwartz on her yahrzeit  
Gail and Steve Weber  
--in memory of Bill Bentley  
Henry and Jane Weinberg  
--in loving memory of Al Weinberg on his yahrzeit  
Iris and Gary Freeman  
--well wishes to Terri Goldsmith  
Joyce and Myron Sturm  
--in memory of Jody Katz on her first yahrzeit  
--in memory of Steve Salowitz, brother-in-law to Leslie and  
Harvey Orenstein  
Judy and Stephen Mann  
--sending healing wishes to Ethel Chatkin  
--sending healing wishes to Claudia Shapiro  
--sending healing wishes to Alicia Bauer  
Panikoff and Kaplan Families  
--in loving memory of Morris Kaplan on his yahrzeit  
Susan, Tom and Abee Turner  
--in loving memory of Gertrude "Goldie" Camassar on her  
Yahrzeit

### **Goldsmith-Kallan Fund**

Norma and Alan Hollandersky  
--in memory of Jody Katz on her yahrzeit  
Sam, Hannah and Roberta Winograd  
--thinking of Terri and Marc Goldsmith and sending gentle  
hugs  
--wishing Ethel Chatkin a Happy Birthday and a happy and  
healthier year to come

-- thinking of Alicia Bauer, sending hugs and well wishes  
-- thinking of Claudia Shapiro, sending hugs and well  
wishes

### **Lothar Knobel Library Fund**

Stan Bloustine  
Patricia Sher

### **Mitzvah Fund**

David Goldsmith and Molly Steele  
--in honor of my father, Marc Goldsmith's 75th birthday  
Harvey and Michele Snitkin  
--in loving memory of Louis Snitkin on his yahrzeit  
Judith Levin  
--in memory of Dorothy Eby  
Martin Zeldis  
--in appreciation of our First Responders  
Susan Lamson  
--in appreciation of First Responders

### **Prayer Book Fund**

Joan Levine  
--in loving memory of Jules E. Levine on his yahrzeit  
--in loving memory of Grace Wertheim on her yahrzeit

### **Rabbi Aaron Rosenberg Tikkun Olam award**

Chic and Jane Weinberg  
--in honor of Rabbi Aaron and Karen Rosenberg's 50<sup>th</sup>  
anniversary  
Edith Zielger  
--in loving memory of Sigmund Sol Rosenholtz on his  
yahrzeit  
Norma and Alan Hollandersky  
--wishing a speedy recovery to Alicia Bauer  
--wishing a speedy recovery to Ethel Chatkin

### **Rabbi's Discretionary Fund**

Norman and Betty Cooper  
--in loving memory of Hannah R. Cooper on her yahrzeit  
Norma and Alan Hollandersky  
--in memory of Charlotte Winograd, mother of Sam  
Winograd  
--in memory of Claudia and Lester's Shapiro's sister,  
Sylvia Moynihan

### **Ruth Joan Brody Religious School Fund**

Susan Goldstein  
--in loving memory of Marvin Goldstein on his yahrzeit  
Leslie Spees  
--in loving memory of Dorothy Segool, mother of  
Leslie Spees & family on her yahrzeit

***Please make checks payable to Temple Emanu-El and remit to PO Box 288, Waterford, CT 06385***



## Goldsmith-Kallan Fund

### The purpose:

1. To defray the cost of camp or conference that enhances the ideals of Reform Judaism for the children of Temple Emanu-El religious school.
2. This fund is also intended to create stipends for faculty assistants who are Temple Emanu-El members and are currently volunteering in the religious school.

3. To defray the cost of a conference, which would benefit our religious school, for an individual attending who is both a member in good standing of Temple Emanu-El and a member of the Temple Emanu-El religious school staff.



## Social Action

### The Mitzvah Corps

**THE TEMPLE MITZVAH CORPS IS IN PLACE, READY AND ABLE TO HELP. The goal of the Mitzvah Corps is to help congregants who have emergency needs as well as those who need home visits, assistance with rides, getting to appointments or providing help for day-to-day activities/needs etc. If you are in need, or know someone who is in need, please contact the Rabbi or Roberta at the Temple Office, 860-443-3005.**

Once the Temple is contacted about a need, the need will be addressed and assigned to a person who is a Mitzvah Corps volunteer. It is understood, that the goal is to have congregant needs (emergency or not) handled as quickly and as effectively as possible. The Mitzvah Corp is not the be-all, end-all for resolving all congregation personal needs, but it is an organized way to handle the emergency or ongoing problem. The need for a functional Mitzvah Corps was noted at the last Social Action meeting, and reinforced over the past several weeks as a number of Temple families have been struck with serious personal or medical difficulties. Being aware of these situations and then helping in a positive way to address those problems will prove the worth of the Mitzvah Corps. If the congregation knows that the Mitzvah Corps exists and is able to help when the need is great, almost everyone will then recognize the value of the Corps. **Temple members, who want to join the Mitzvah Corps as a volunteer, should contact the Temple office.**

### The Holiday Meal for First Responders Mitzvah Day

In this space last month a prediction was made that the still to come "Holiday Meal for First Responders" would be a success. That prediction came to pass and then some. Starting in the Temple kitchen on the morning of December 23 and ending in the evening of December 24, our volunteers prepared and distributed 235 complete Turkey Dinners to 21 area police, fire, and ambulance stations. The involvement and hard work from many Temple members was astound-

ing, and the generosity of many area super markets and agencies was greatly appreciated.

Special thanks must be given to Temple members Karen Bloustine, Matt Shulman, Sybil Nassau and Ellen Gottfried who worked tirelessly for six weeks to make the holiday meal a resounding success.

Also, I would be remiss if Rob Lawrence, our Certified Kitchen Manager, who guided our efforts every step of the way, was not given due credit. The hard work was enthusiastically received. Without exception, the firefighters and ambulance drivers and police personnel enjoyed their holiday meal.

### Other Social Action Projects.

Of special note, the Temple's annual Soup Kitchen Christmas dinner went very well. More people than normal were there for this Christmas eve dinner, and Hali Keeler and her crew were up to the challenge, making the meal a warm success.

For about twenty years, the Temple has been working with the local Habitat for Humanity on Sundays, helping to build Habitat homes. This project has been in hiatus for the past six months For Habitat for Humanity has not been scheduling them. We are ready to join builds as soon as the new schedule is announced. I hope by next month's Bulletin this problem will be resolved. If not, it may be time to appeal to a higher authority.

The next Social Action Meeting date in February will be determined soon. Look for the date in your weekly Temple e-mail.

Please join us if you can; everyone is welcome.

**Marty Zeldis**



**TEMPLE EMANU-EL  
MISHLOACH MANOT  
PURIM GIFT BAG ORDER FORM  
TO SEND A BEAUTIFUL GIFT BAG**

**SENDER**

Display Name: \_\_\_\_\_

E-mail: \_\_\_\_\_ Phone: \_\_\_\_\_

**SEND GIFT BAGS TO:**

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

Name: \_\_\_\_\_

**Cost: \$5.00 each      Quantity \_\_\_\_\_ X \$5.00**

**Total: \_\_\_\_\_**

\_\_\_\_\_ **\$180.00 to send a Purim gift bag to the entire local congregation**

\_\_\_\_\_ Check here if you would like to pick up your Purim bag at the temple

\_\_\_\_\_ Donate my Purim bag

**ALL ORDERS MUST BE PLACED BY March 15, 2019  
DELIVERY PURIM WEEK!**



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### BEST WAY TO ORDER

Fill out the attached form and submit it to the temple office with a check. Ordering this way will help avoid the 2% fee we incur with Happy Purim.

If ordering online with Happy Purim is more convenient, that is fine too. We need your support no matter which method you choose.

**This is a fundraiser and we need your help for it to be successful.**

### HOW TO ORDER ONLINE: go to **[www.HappyPurim.com](http://www.HappyPurim.com)**

You will receive a personalized code via e-mail. Alternatively, you may call the temple office for your code.

Choose the names of the temple members to whom you would like to send a gift bag. Pay by credit card. Your e-mail address/personal information will not be shared with any other entity.

QUESTIONS? Contact Deborah Linder [deborahlinder29@yahoo.com](mailto:deborahlinder29@yahoo.com) or call 860-877-4255.

**ALL ORDERS MUST BE PLACED BY March 15, 2019**

## February Services & Schedule of Events

|             |           |             |  |   |
|-------------|-----------|-------------|--|---|
| Feb.        | 1         | Fri.        | 5:30 P.M.<br>6:00 P.M.<br>7:00 P.M.  | Shir Shabbat<br>Shabbat Dinner<br>Erev Shabbat Service & Birthday Blessings   |
| <b>Feb.</b> | <b>2</b>  | <b>Sat.</b> | <b>7:00 P.M.</b>   | <b>Cabaret</b>  |
| <b>Feb.</b> | <b>3</b>  | <b>Sun.</b> | 9:30 A.M.<br><b>10:00 A.M.</b><br><br>10:30 A.M.<br>11:00 A.M.<br>12:15 P.M.<br><b>2.00 P.M.</b> | Religious School & Free Brotherhood Bagels<br><b>Brotherhood Sponsored Caretaking speaker series:<br/>Planning for Probate, Waterford Probate Judge Jeffrey<br/>McNamara</b><br>Preschool<br>Bible Study<br>Religious School Committee<br><b>JFEC Community Adult Education final class—make up for<br/>snow day, Jan. 20</b> |
| Feb.        | 4         | Mon.        | 12:30 P.M.<br>6:00 P.M.  | Federation Senior Lunch<br>Jewish Community High School   |
| Feb.        | 5         | Tues.       | 6:30 P.M.<br>7:30 P.M.   | Adult Hebrew – Kitah Alef<br>Religious Practices Committee  |
| Feb.        | 6         | Wed.        | 12:30 P.M.<br>4:30 P.M.  | Learn to Play Mah Jongg<br>Hebrew School  |
| Feb.        | 7         | Thur.       | 7:00 P.M.<br>TBA P.M.  | Nar Anon<br>Sisterhood Movie Night  |
| <b>Feb.</b> | <b>8</b>  | <b>Fri.</b> | <b>7:30 P.M.</b>   | <b>Kabbalat Shabbat</b><br><b>Celebrate Rabbi Aaron and Karen Rosenberg's 50<sup>th</sup> Anniversary</b>   |
| Feb.        | 10        | Sun.        | 9:30 A.M.<br>11:00 A.M.  | Religious School & Free Brotherhood Bagels<br>Bible Study   |
| Feb.        | 11        | Mon.        | 12:30 P.M.<br>6:00 P.M.  | Federation Senior Lunch<br>Jewish Community High School   |
| Feb.        | 12        | Tues.       | 6:00 P.M.<br>7:30 P.M.   | Confirmation Class<br>Adult Hebrew – Kitah Bet  |
| Feb.        | 13        | Wed.        | 12:30 P.M.<br>4:30 P.M.<br><b>7:30 P.M.</b><br>7:30 P.M.   | Learn to Play Mah Jongg<br>Hebrew School<br><b>Board of Trustees Meeting</b><br>Crohn's and Colitis Foundation Support Group  |
| Feb.        | 14        | Thur.       | 12:00 P.M.<br>7:00 P.M.<br>7:30 P.M.   | Food for Thought<br>Nar Anon<br>Hope After Loss   |
| Feb.        | 15        | Fri.        | 7:30 P.M.  | Kabbalat Shabbat & Anniversary Blessings  |
| <b>Feb.</b> | <b>17</b> | <b>Sun.</b> |  | <b>NO RELIGIOUS SCHOOL—Presidents Day Weekend</b>   |
| <b>Feb.</b> | <b>18</b> | <b>Mon.</b> |  | <b>NO Federation Senior Lunch, NO Jewish Community High<br/>School — Presidents Day Observed</b>  |
| Feb.        | 19        | Tues.       | 6:30 P.M.<br>7:30 P.M.   | Adult Hebrew – Kitah Alef<br>Adult Hebrew – Kitah Bet   |
| Feb.        | 20        | Wed.        | 12:30 P.M.<br>4:30 P.M.<br>TBA P.M.  | Learn to Play Mah Jongg<br>Hebrew School<br>Sisterhood Dinner Night Out   |
| Feb.        | 21        | Thur.       | 7:00 P.M.  | Nar Anon  |
| Feb.        | 22        | Fri.        | 7:30 P.M.  | Kabbalat Shabbat  |
| <b>Feb.</b> | <b>23</b> | <b>Sat.</b> | <b>6:00 P.M.</b><br><br><b>7:00 P.M.</b>   | <b>Religious School Family Havdalah and Movie Night<br/>(6<sup>th</sup> grade and younger)<br/>Havdalah and Dessert at the home of<br/>Karen and Stan Bloustine</b>   |
| <b>Feb.</b> | <b>24</b> | <b>Sun.</b> | 9:30 A.M.<br><b>10:00 A.M.</b><br><br>10:30 A.M.<br>11:00 A.M.                                   | Religious School & Free Brotherhood Bagels<br><b>Brotherhood Sponsored Caretaking speaker series:<br/>Navigating Title 19, speaker Michelle Dempsey</b><br>Preschool<br>Bible Study   |
| Feb.        | 25        | Mon.        | 12:30 P.M.<br>6:00 P.M.  | Federation Senior Lunch<br>Jewish Community High School   |
| Feb.        | 26        | Tues.       | 6:30 P.M.<br>7:30 P.M.   | Adult Hebrew – Kitah Alef<br>Adult Hebrew – Kitah Bet   |
| Feb.        | 27        | Wed.        | 12:30 P.M.<br>4:30 P.M.  | Learn to Play Mah Jongg<br>Hebrew School  |

# Howard Ilson Memorial Distinguished Service Award

Nominations are now being accepted for the **Ilson Award**, which is given annually to a member who has contributed to Temple Emanu-El in an important way. The award is in honor of Howard Ilson, a former president of our Temple who died suddenly while in office.

Areas of service to consider include:

- ~ Years of service as an officer or Board member
- ~ Years as a committee chairperson
- ~ Years of service in auxiliaries such as the Religious School, Sisterhood,

Brotherhood

- ~ Years of community service as a representative of Temple Emanu-El
- ~ Years of time and energy expended for the betterment of Temple Emanu-El

**Nominations will be accepted until March 1.** The award committee will then review the nominations, and the winner will be announced in the Temple *Bulletin*. The award winner will be honored at a Shabbat service, and his or her name will be engraved on a plaque on display in the Temple.

Please take the time to consider a worthy nominee. It is one way of thanking our members for volunteerism that often goes unnoticed. If you wish to nominate someone, please fill out the form below and return it to the Temple, by mail or by depositing it in the nomination box located in the entryway. All nominations will be strictly confidential.

### Howard Ilson Award Nomination Form

Name of person being nominated: \_\_\_\_\_

Name of nominator: \_\_\_\_\_

**Summary of nominee's attributes and service to Temple Emanu-El** (Must be completed for nominee's consideration); **Please use space below and/or a separate piece of paper to complete** attributes and service and send to the Temple or put in the nomination box in the main entrance of the Temple.

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*March 1, 2019*

*5:30 P.M. Shir Shabbat in song for all ages*

*6:00 P.M. Shabbat dinner*

*7:00 P.M. Shabbat service including birthday celebrations*

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R.S.V.P. for March 1 dinner by Monday, February 25

Name: \_\_\_\_\_ Phone: \_\_\_\_\_

Number of Adults, Moroccan Chicken: \_\_\_\_\_ (\$18 per person)

Number of Children, Chicken Fingers: \_\_\_\_\_ (\$5 per child)

Number of Adults, Vegan: \_\_\_\_\_ (\$18 per person)

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**Deadline for March 2019 Bulletin is Friday, February 15.**

Email your articles to Roberta at [office@tewaterford.org](mailto:office@tewaterford.org)

CHANGE SERVICE REQUESTED

## Our Leadership

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**Rabbi Emeritus** / Aaron Rosenberg / [arloveskr@aol.com](mailto:arloveskr@aol.com)  
**Cantorial Soloist** / Sherry Barnes /  
[cantorialsoloist@tewaterford.org](mailto:cantorialsoloist@tewaterford.org)  
**President** / Sean Bendick / [president@tewaterford.org](mailto:president@tewaterford.org)  
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