



## Rabbi's Message - Marc Ekstrand

**C**haverim (Friends),  
In his introduction to *Mesilat Yesharim*, one of the most important works of the mussar movement, Moshe Hayyim Luzzatto states the purpose of his

book is not to teach people what they do not know, but rather to remind them of what they already know and of what is familiar to them. He goes on to say that his work will have the most benefit if it is read over and over again. By nature, we are forgetful people. Sometimes we are forgetful because circumstances distract us from what we know to be morally and ethically right. It is quite human to forget temporarily about the tragedy and injustice befalling our fellow when we are concerned or even afraid for our own welfare. At other times, we are distracted by convenience. It is quite human to forget temporarily our fellows as we are trying to capture our own wealth, or ensure our security. Luzzatto states that there is little new in his book. The benefit of his book, which can be viewed as a compilation and commentary on Biblical passages and rabbinic thought, is simply as a reminder of our duties and obligations as human beings.

We are entering yet again the month of Elul. This is the time of *cheshbon hanefesh*, accounting of one's soul. The accounting is in preparation for the High Holy Days. It is at this time that our Jewish tradition imagines that we are brought to account before the Source of our being. Thus, the accounting is of existential importance. The accounting should be an involved process of questioning and responding. Have we missed the mark, strayed from the right path? Have we wronged or ignored the needs of our fellow? How will we engage in true *tshuvah* – not just abandoning an evil deed, but seeking forgiveness and resolving with sincerity to never repeat the action? How will we attempt to make reconciliation with those we've wronged? Have we attempted to forgive those who have wronged us and asked for forgiveness? Whether we believe the imagery of our tradition or not, it is the process of *cheshbon hanefesh* and *tshuvah* that is important. The intensive soul-searching during Elul, prepares us to enter the new year unbound by the past, ready to confront the present and envision the future.

I am normally not one for rereading books or watching movies more than once. Yet this is exactly what our tradition

demands. Each week at a minimum we should reread a portion of Torah and the Prophets. Additionally, we can engage in a Jewish text study group, rereading Mishna, Talmud, or The Zohar. These exercises are not about scholarly pursuits, engaging in tradition, or even social connection to friends with whom we study and pray. Rather the purpose is to remind us of what we know or should know – the way to be on the right path, a sacred path. Our sacred texts are not historical relics. We have had moral and ethical principles laid out for us. They most certainly inform what our response should be to the terrible goings on in the world around us. Yet, it is easy to forget. To forget is only natural. In *Pirkei Avot*, Mishna 1:15, we are advised that Shammai was known to say, "make your study of Torah a fixed practice, say little and do much, and receive all humanity with a pleasant countenance." As we enter Elul, consider the texts that you need to reread, or perhaps read for the first time and then reread.

L'shalom,

**Rabbi Marc**

## President's Message



**I** just looked in my inbox to see when my first email was sent to our Treasurer, Tom Smith. It was the summer of 2012. I think we first met during my first time as President of Emanu-El in 2011. In that email, I asked him to participate in a summer service that my wife and I were

leading. Tom read the prayer for peace.

This summer Tom and I grew our first crop of hops. In the seven plus years of our friendship, enabled by Emanuel-El and our Jewish faith, we shared dreams of starting a hops farm. Stupid us started with a wooded lot, not even a cleared lot. We toiled, sweat, made mistakes, paid a lot of people, bruised, bled and never gave up. We weren't always alone with our dreams.

Many in our congregation, and their children, joined us at times to plant, cut down trees, dig holes, run machinery, and of course, cook meat and drink beer. I felt like we had a kibbutz. It was a community. How did this all come together? Was it God's doing? Does God like beer? Are hops just hopes without an "e"?

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## President's Message — *continued from p. 1*

We all have hopes, dreams and goals. To achieve them, we often need family, friends, equally crazy idea partners and community. Temple Emanuel-El brought me those and brought Tom those. Do you have a story like this from your time as a congregant? Maybe Geoff Hausmann got you your first house (Hi Geoff).

The High Holidays are approaching. Reflecting on last year, did you spend time fulfilling your hopes or trying to reach a goal or a dream? Did you think about how our congregation could support you along your journey? We are full of family, friends, community and yes, potentially equally crazy idea partners.

As for the business of Temple Emanuel-El, at the time of my writing this article, the Board was finalizing Rabbi Marc's contract extension, working on securing funding for building security, and beginning to realize that the 60th anniversary of the congregation is in 2020, so we should do something about that, including recognizing Sherry for her upcoming 20 years of service (I just blew that surprise).

Financially, the mortgage is now paid off. Our gratitude for that milestone goes to our benefactors. However, please realize that we still need the expected amount of revenue to come in, in order to move from a "paycheck to paycheck" existence, to a central beacon of Reform Judaism.

All the best!

**Jonathan**

## Notes from Sherry Barnes



I've said my goodbyes to summer, sigh, and I am focusing on the High Holy Days and classes that will start in the fall. I'm sure you too have set your focus on school for the kids, trips for the fall, and getting back into the swing of Temple life! Make sure to

keep an eye on our website and our bulletin to be up to date with programming. I'll be teaching Trope, Beginning Hebrew, Adult B'nai Mitzvah, and Translating Biblical Hebrew classes. All classes will begin early in November. Check the October bulletin or Temple Emanu-El website for dates and times.

September begins the Jewish month of Elul, a time for soul searching and reflection on our actions over the past year. Have I been the best person that I could be? Have I treated people the way I would want to be treated? Have I spoken

up for injustice and helped those in need? Have I hurt someone knowingly or unknowingly and have I made amends? These are not always easy questions to ask ourselves, yet it is important to do. The word Elul could also be an acronym for Ani l'dodi v'dodi li. I am my beloveds and my beloved is mine, from Song of Solomon, chapter 6, verse 3. Beloved could refer to G-d, since in the month of Elul, as we look deep into ourselves; we also draw nearer to G-d. May the questions you ask and the actions you take, allow you to begin 5780 with a clean slate. May you be written in the Book of Life for a sweet and healthy year.

This year at High Holy Day services, you will notice that Leslie Merwin will not be playing the organ. She is being a mensch and has become a caregiver for her sister. Caregiving, along with her church obligations, has taken much of her time. She sends her best wishes to all of us. We are, however, very fortunate to have Michael McCarthy join us on the organ for the High Holy Days. You may have already seen or met him when he played for the Zohar weekend or when the choir has sung at Shabbat Services.

A big thank you to everyone who helped make summer services run so smoothly! You created inclusive and meaningful Shabbat services. I hope you will consider leading a Shabbat service again next summer.

Shana Tovah,

**Sherry**

## Gift Cards

As the High Holidays approach consider donating Stop and Shop, Shop Rite, Big Y, Walmart or other gift cards for people in need. The Temple office receives calls for help purchasing food throughout the year.



**H**appy back-to-religious-school, everyone! We hope you and your families enjoyed your summer vacation. Thank you to all the families who attended our religious school family registration event. It is always wonderful to watch our students reuniting and interacting with each other.

A warm welcome to our four new teachers who are officially joining as members of our staff this year: Anna Bakken (Pre-K), Susan Cramer (4th and 5th Grade Judaics on Sundays and 4th Grade Hebrew on Wednesdays), Renee Weinstein (4th and 5th Grade Hebrew) and Jenna Randall (6th Grade Hebrew on Sundays and Wednesdays). We are so happy that you are here. And we are excited to soon work with our new young Israeli emissaries Tal Amar and Roi Refaeli. Please wish them a warm welcome when you see them.

See you at our first Sunday session for Pre-K through 8th grade on Sunday, Sept. 8 at 9:30 A.M. and the first Wednesday session for grades 3-7th grade is on Sept 11 at 4:30 P.M. Pre-K's start time is at 10:30 A.M.

If you have not had a chance to mail in or drop off your child's school registration forms, please do so as soon as possible. We will send you the school calendar and book order forms at that point. Please note, this year we are requesting the standard school health forms for your children.

There will be no school on Sunday, Sept. 29 as it is Erev Rosh Hashanah. We hope your families will plan to join us for the Children's Rosh Hashanah service on Monday, Sept 30 at 2:00 P.M. It will be a special family friendly service as we welcome the new year.

Lastly, please remember that every Sunday, bagels and coffee are free courtesy of Brotherhood so come hang out in the social hall with fellow parents and stop by the Sisterhood's gift shop while you're here.

L'hitraot,

**Armi Rowe and Jennifer Zettler**  
Co-Administrators

## **Pre-School**

**Preschool begins on September 8, 2019, at 10:30 A.M.** The program includes music with Cantorial Soloist Sherry Barnes, and special programming for holidays with k-2. Additional dates for 2019-2020: Sept. 22, Oct. 13 and 27, Nov. 10 and 24, Dec. 8 and 15, Jan. 12 and 26, Feb. 9 and 23, March 8 and 22, April 5 and 26, May 3 and 17. If you are interested in signing your child up for class, please contact the office at 860-443-3005.

## **Adult Education**

### **Adult Study Group**

Barry Feldman will resume the Sunday morning discussion group on September 8 at 11:00 A.M. in the Temple sanctuary. This is open to everyone. If you have any questions, you may contact Barry at (860) 739-0474 or [barrysfeldman@gmail.com](mailto:barrysfeldman@gmail.com)

### **Food for Thought**

Join in on this once-a-month open discussion, facilitated by Rabbi Marc, where our Jewish heritage, identity, and values intersect with our modern world.

**First Thursday of the month, 12 noon – September through June.**

Bring your own brown bag lunch. We'll have plates and some drinks available.

### **The Sacred Path of Reform Judaism with Rabbi Ekstrand**

A five-part course exploring the central aspects of Reform Judaism. Reform Judaism has continuously confronted the challenges of modernity. The movement in America is over 200 years old. This year we will explore together our Reform heritage in five sessions: Reform History; Mitzvot and Ethics; Justice; Spirituality; and Ongoing Revelation. A companion book to this course is suggested for purchase: A Life of

Meaning: Embracing Reform Judaism's Sacred Path, edited by Rabbi Dana Evan Kaplan, PhD, was published in 2018 by the CCAR Press.

**Course Dates: All meetings at 7 P.M. at Temple Emanu-El.**

Tuesday, November 12 / Tuesday, December 17

Tuesday, January 14 / Tuesday, February 11

Tuesday, March 10

### **Judaism and the Interfaith Family Experience with Rabbi Ekstrand**

Being in an interfaith family or relationship is common in Reform communities. Being in such a family has blessings and challenges. I know this firsthand. My father was not Jewish for most of my childhood and my mother grew up Orthodox. Let's get together and share our experiences and explore how our interfaith family can help us meet the challenges of an increasingly complicated world. This group will meet the first Wednesday of each month (skipping January and April).

**Group Meeting Dates: All meetings at 7 P.M. at Temple Emanu-El**

Wednesday, October 2 / Wednesday, November 6

Wednesday, December 4 / Wednesday, February 5

Wednesday, March 4 / Wednesday, May 6

Wednesday, June 3



## Shabbat Mornings - Prayer, Practice and Prophets

Shabbat morning services will return after the High Holy Days **beginning November 16** on the first and third Shabbat of each month. Our mornings will begin with a pot luck breakfast at 8:30. Our service will begin at 9:00. It will not be a full service. Rather, we will pick one part of the service each week and explore the fixed prayers through song, chants, niggun, and poetry.

We will also study aspects of traditional service choreography, and traditional and modern interpretations of prayer. Following prayer and practice, we will study the Prophets. The prophetic voice has been central to Reform Judaism. Their voice is timeless. In the turbulent times we live in, it will do all of us well to raise the volume of their call. We aim to complete our Shabbat morning program around 10 A.M.

## Religious Practices

The summer flew by, highlighted by our outdoor service and barbeque. We also had beautiful lay-led services each Shabbat. Our annual picnic breakfast and walk to the bluff at Bluff Point Park on August 10 had perfect weather, thoughtful poetry readings, beautiful songs and good company.

September begins our very busy season of holiday observances. One of the most important celebrations is of Shabbat! We are resuming our "first Friday" celebrations on Sept. 6. Please join us for songs of Shabbat (Shir Shabbat) at 5:30 P.M., dinner at 6:00 P.M. (R.S.V.P. required) and Shabbat services at 7:00 P.M. on the first Friday of each month.

S'lichot will be observed on Saturday evening, September 21. We will be viewing a film which will help to focus our discussions about the themes of the season: repentance and starting the new year. Rosh Hashanah services will be Sunday evening September 29 and Monday morning Sept. 30. We will observe the tradition of Tashlich at the Hole in the Wall beach in Niantic, where we will cast away our sins by throwing bread into the sea at 4:00 P.M. on Sept 30.

**Jo Michaelson**



## Social Action

**THE TEMPLE EMANU-EL MITZVAH CORPS is ready to assist.** The goal of the Mitzvah Corps is to help congregants who have emergency needs as well as those who need home visits, assistance with rides, getting to appointments or providing help for day to day activities.

As we approach the start of a new year, the Social Action Committee, as a first order of business needs to assess how effective the current system is for meeting congregant needs, and how well we are able to identify emergency needs to the people who have such needs.

Two other programs which continued through the summer and into the fall:

**THE NEW LONDON COMMUNITY MEAL CENTER**—the Temple's involvement has not missed a beat during the summer even though vacations and the like are factors in making it somewhat difficult to get volunteers on the third Tuesday of each summer month. If you have an interest in volunteering, please contact Hali Keeler.

**HABITAT FOR HUMANITY**—Sunday Builds returned during the summer months. Our new supervisor, Ed Goldberg, is learning the ropes and making the

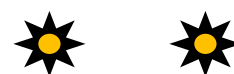
Builds happen. Our next Sunday Build is scheduled for Sunday, September 8 in Norwich 12:30 to 4:30 P.M. We have a substantial need to attract new volunteers. If you are interested in joining in, please contact Marty Zeldis. It is always a rewarding and enjoyable experience, and you do not need building skills to meaningfully participate.

For the new year it is necessary for Social Action Committee to do the following: Diversify our Social Action involvement in both the Temple Community and the area community.

New London County Walk to End Alzheimer's is looking for volunteers on Saturday, September 14, at Ocean Beach Park in New London, CT. If you are interested in volunteering or need help starting your team please contact Seana Dyer at [sdyer@alz.org](mailto:sdyer@alz.org) or 860-887-3593 ext 8558.

We are constantly looking for new members and our first meeting will be September 22 at 10:00 A.M. Please consider joining us.

**Marty Zeldis**



## Sisterhood — Merrill Mazzella & Gail Weber, Co-Presidents

Merrill Mazzella and I are looking forward to an exciting year for the Temple Emanu-El Sisterhood. Beginning with our kick-off dinner on Tues, Sept 24, we are planning a fun-filled year with the re-introduction of our book club being led by Cecile Feldman, the continuation of our movie nights, bi-monthly dinners and a few speakers.

Sisterhood will continue our tradition of providing the oneg for Erev Rosh Hashanah – Sunday evening, Sept 29. We will send out an email as it gets closer. If you are able to help, we would truly appreciate it.

The first book club will be on Wed, Oct 2 at the home of Cecile Feldman in East Lyme at 7:00 P.M. The Hilltop is a 2013 Israeli novel by Assaf Gavron. Mordantly funny and deeply moving, this award-winning novel about life in a West Bank settlement has been hailed as brilliant. Waterford Library is ordering 10 copies of this book for us. You can learn more about this book on Amazon.com.

The Sisterhood Board talked about being more visible in the greater New London community and we have decided to support Safe Futures, the only organization which works with those people impacted by domestic violence, sexual assault, stalking and trafficking in southeastern CT. We will be walking with them on Sun, Oct 6 at the Crystal Mall (inside). You can register on-line [www.firstgiving.com/413648/Safe-Futures-2019-Annual-4K-Safe-Walk](http://www.firstgiving.com/413648/Safe-Futures-2019-Annual-4K-Safe-Walk)

or wait to receive your flyer in the mail with your Sisterhood information packet.

We hope you can join us!

### Sisterhood Board Members 2019-2020

Co- Presidents	Merrill Mazzella & Gail Weber
Programming	Merrill Mazzella
Treasurer	Caren Linden
Corresponding Secretary	Emily Lerner
Fundraising	Barbara Senges
Book Club	Cecile Feldman
Gift Shop	Susan Hausmann
Publicity Chairperson	Sue Fornara

We still have an open position – Recording Secretary. Please let us know if you are interested.

If you have any ideas or suggestions, send me an email: [gailrw53@gmail.com](mailto:gailrw53@gmail.com)

See you soon,

**Merrill & Gail**

**Please join the Temple Emanu-El Sisterhood for our Membership Kick-Off Dinner!**

Tuesday, September 24 at Temple Emanu-El. Light Dinner beginning at 6 P.M.

Please R.S.V.P. by Wednesday, September 18 to Gail at [gailrw53@gmail.com](mailto:gailrw53@gmail.com).

The Kick-Off Dinner is complimentary to all members.

Annual dues of \$36 may be paid in advance or on the evening of the dinner.

**Don't miss... The Excitement! The Food! The Prizes! The Laughs! The Camaraderie!**

**Mah Jongg Tournament**

**Monday, November 4, 2019**

9:00 to 4:30, starting with Continental Breakfast at 8:30 A.M.



See the registration flyer for all the details. Registration and payment deadline is October 31 or when we reach capacity (non-refundable).

We will again have our Relaxed Tables for those who are newer to the game, can't stay all day, or don't want to play at the tournament pace of 15 minute/game.

Contact Iris Freeman with any questions at [ifreegang@aol.com](mailto:ifreegang@aol.com) or 860.460.3081.

### HELP SISTERHOOD WITH OUR BIGGEST FUNDRAISER OF THE YEAR

There are several ways you can support our November 4 Mah Jongg Tournament, and you can do more than one. We are most successful if it's a team effort. You'll feel good and have fun.

- Play!
- Volunteer for food prep Sunday morning, November 3 or set-up later that afternoon

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## July-Aug. Service & Oneg Thank You!

**Thank you to all of you who led summer services and provided onegs:**

Cantorial Soloist Sherry Barnes  
Karen Bloustine  
Stan Bloustine  
Rabbi Marc Ekstrand  
Andrew Feinstein  
Jo-el Fernandez  
Norma Hollandersky  
Regina Magnus Aryitey

Merrill Mazzella  
Barbara Luftglass Morea  
Rabbi Aaron Rosenberg  
Karen Rosenberg  
Barbara Senges  
Pat Sher  
Edee Smith  
Michele Snitkin  
Religious Practices Committee  
Yachad BBYO  
And everyone else who took part



## Condolences to . .

**The Kozek Family**  
on the passing of **Norman Kozek**

**The Knobel Family**  
on the passing of **Rabbi Peter S. Knobel**

## Sisterhood—CONTINUED FROM PAGE 5

- Volunteer to serve on Monday, November 4, around lunch-time!
- Make a donation to help offset the cost of food.

Contact Iris to help in any of these ways at [ifree-gang@aol.com](mailto:ifree-gang@aol.com) or 860.460.3081.

### Temple Emanu-El Gift Shop

The Temple Emanu-El Gift Shop will have regular hours beginning **September 8**, the first day of Sunday Religious School. We will be open every Sunday there is religious school from 9:30-12. Come in. Browsing is always welcome.

I have received word from many vendors that prices are going up in the near future do to the increase in raw materials, especially the tallit. The gift shop has a large supply of male and female tallit available. These are priced prior to the increase. Come take advantage of all our low prices.



The gift shop is now plastic bag free. Please consider donating handled paper bags like the one shown, or reusable bags which you may have in your home.

See you September 8.



## Brotherhood—Scott Zettler



Welcome to another year of the Temple Emanu-El Brotherhood. I am excited to be back as President and looking forward to a fun year of serving the temple while doing fun stuff.

We will be kicking things off on the first day of Sunday school on September 8 at 9:30 A.M. with free Brotherhood Bagels. We will then have our annual planning meeting at 10:00 A.M. to plan out the year. Please join us if you can. Remember that every male member of the Temple is a member of the Brotherhood!

We traditionally provide ushering service and car parking direction for the High Holidays. We can always use volunteers. Please contact me at [scottzettler@gmail.com](mailto:scottzettler@gmail.com).

After the High Holidays, we will meet on October 13 to build the sukkah at 9:30 A.M. Please try to bring Schach (cornstalks, trimmings from bushes) to decorate the top of the sukkah. The Sukkot service and picnic will be starting at 11:30 A.M.

I am looking forward to seeing you all on Sunday, September 8 for bagels and our meeting.

**Scott Zettler**  
President

## September Birthdays

Jay Alpert  
Jason Arenson  
Sherry Barnes  
Alicia Bauer  
Matthew Blum  
David Blustein  
Sapir Brengman  
Mitchel Corah  
Scott Daniels  
Stuart Deglin  
Golda Siegel Doyle  
Joshua Elkin  
David Engelman  
Liam Feldman  
Sandra Fisher  
Bruce Flax

Leonard Goldstein  
Madison Goldstein  
Jay Hans  
Susan Hausmann  
Matthew Hausmann  
Sarah Julia Kaplan  
Leslie Kirschblum  
Brian Lazarus  
Cynthia Lesser  
Florence R. Lewiss  
Paul Luner  
MicKayla Marcus  
Bayla McCaffrey  
Rebecca Morea  
Zachary O'Brien

Joseph Quaratella Jr.  
Jennifer Rock  
Phil Schneider  
Nicole Schneider  
Sarah Selke  
Samuel Selke  
Lee Snyderman  
Jordan Stein  
Tzipora Szeligowski  
Philip Trostler  
Jane Weinberg  
Yitzchak Winograd



## September Anniversaries

Sean and Anne Bendick  
Krum Chuchev and  
Naomi Mendelovicz  
Lori and Mitchel Corah  
Andrew Feinstein and  
Elizabeth Bochain  
Barry and Cecile Feldman  
Abraham and Sandra Fisher  
Marlene Frydel and  
Andrew Grant  
Seymour and Patricia Hendel  
Gerry and Hali Keeler  
Arthur and Emily Lerner  
Paul and Anne Luner  
Richard and Erica McCaffrey  
John and Jamie Stavropoulos  
Sheldon and Amy Stricker  
Martin and Margaret Trehub  
Scott and Jennifer Zettler



### September 6

Mollie Azaroff  
Leah Betten  
Daniel Bloomfield  
David Fearer  
Judy Fishbone  
Lanny Glasgow  
Ann Grant  
Nathan Greenhouse  
Roz Leader  
Cory LeVine  
Selma Orenstein  
Solomon Schaferman  
Tibe Smith  
Solomon Schaferman

### September 13

Eleanor Baker  
Neal Buckstein  
Harry Chevan  
Rose Dibner  
Yetta Diamond  
Stanley Falk  
Rabbi Chiam Feuerman  
Jack Fischburg  
Pearl Glasgow  
Harold Goteib  
Isadore Gottleib  
Evelyn Graber

## September Yahrzeits

Dorothy Green  
Boris Liberman  
Bernice Moeller  
Mildred Pincus  
Robert Schor  
Sylvia Stoner  
Herbert Swiedler  
Arlene Wessel  
Charlotte Winograd

### September 20

Harold Alpert  
Jack Dinsfriend  
David Flitt  
Sol Gordon  
Sarah Ann Grayson  
Jeffrey Greenberg  
Charlotte Hoper  
Michael Manson  
Jeffrey Matten  
Isidor Meckler  
Claude Moynihan  
Richard Namenson  
Samuel Shapiro  
Nathan Snyderman  
Esther Stein  
Abraham Sutel  
Alvin Swatzberg  
William Thorp  
Sidney Vail  
Dr. Norman Zeldis

### September 27

Bluma Cohen  
James Connell  
Edward Ilson  
Eileen Kaplan  
Paul Kozek  
Sol Krasner  
Eleanor Krasney  
Miriam Emily Lamchick  
Alvin Michaelson  
Seymour Ofstein  
Carl Ruck  
Samuel Steinman  
Alfred Ursinus





## ***We are eternally thankful for the support of those below. . .***

### **Aaron and Pearl Parker Religious School Fund**

Ronald and Jayne Elkin

---in loving memory of Pearl Parker on her yahrzeit

### **Alter Fund**

Kenneth Webman

---in honor of Judy and Steve Mann's 50th Anniversary

### **Cantor's Fund**

Charlotte Freeman

---in loving memory of Miriam Toplosky on her yahrzeit

Charlotte Freeman and Family

---in loving memory of Sara Chevan on her yahrzeit

Lois and Stephen Panikoff

---in loving memory of Oscar Panikoff on his yahrzeit

Norma and Alan Hollandersky

---for the recovery of Mrs. Shapiro

---for the recovery of Alicia Bauer

Peter and Lisa Marcus

---in loving memory of Sherman Marcus on his yahrzeit

### **Capital Improvements Fund**

Adam Kaufman & Rebecca Woodward

### **Craig Blumsack Fund**

Henry and Jane Weinberg

---in memory of Judy Blumsack

Jane and Marvin Schnur

---in memory of Judy Blumsack

Peter and Barbara Kallan

---in memory of Judy Blumsack

Robert and Caren Linden

---in memory of Judy Blumsack

### **Essential Services Fund**

Michael and Florence Betten

Roslyn Etra

Caren and Bob Linden

---in loving memory of Jonathan Fox on his yahrzeit

Caren and Bob Linden & Family

---in loving memory of Leah Goldberg Asen on her yahrzeit

---in loving memory of Dr. Irving Fox on his yahrzeit

Edward Perry

---in loving memory of Elaine Perry on her yahrzeit

Ellen Gottfried

---in loving memory of Howard Smith

---in loving memory of Abraham Gottfried on his yahrzeit

---in loving memory of Marion Gottfried on her yahrzeit

---in loving memory of Isadore Gottfried on his yahrzeit

James and Sari Rosokoff MD

---in honor of the Bat Mitzvah of Edee Smith and Steffi Rubin

James and Sari Rosokoff MD

---in memory of Howard Smith

Joyce & Myron Sturm

---in memory of my uncle Sonny Flitt

Karen Buchanan

---in honor of Edee Smith becoming a Bat Mitzvah

Karen Dinsfriend

---in memory of Irving Siegel

Laura May Shortt

---in honor of Edee Smith becoming a Bat Mitzvah

Norma and Al Hollandersky

---in loving memory of Bernice Bunny Stern on her yahrzeit

---in loving memory of Warren Hollandersky on his yahrzeit

Patti and Alan Gruber & Sons

---in loving memory of Morton Klieback on his yahrzeit

---in loving memory of Angela Klieback on her yahrzeit

Patty Furlong

---in honor of Edee Smith becoming a Bat Mitzvah

Peter and Barbara Kallan

---in memory of Howard Smith

---in memory of Norman Kozek

---in memory of Irving Siegel

### **Goldsmith-Kallan Fund**

Jane and Marvin Schnur

---in loving memory of Nathan Rappoport on his yahrzeit

Loir Corah

---in loving memory of Sherman Marcus on his yahrzeit

Panikoff and Kaplan Families

---in loving memory of Evelyn Kaplan on her yahrzeit

Peter and Barbara Kallan

---in honor of Donna and Andrew Goldman's new Grandchild,

Daria Allyn Romano

---in honor of Thea Johnson's "special Birthday"

---in honor of Missa Kallan's new job

### **Kitchen Fund**

Michele Snitkin

---in loving memory of Eileen Iorillo on her yahrzeit

### **Lothar Knobel Library Fund**

Eileen Shapiro

### **Mitzvah Fund**

Abraham and Sandra Fisher

---in loving memory of Stanley Jacobson on his yahrzeit

Irving and Edith Ziegler

---in loving memory of Joseph Ziegler on his yahrzeit

Judy and Stephen Mann

---congratulations on the wedding of Elon Rosenberg to

Andrew Choi

---mazel tov to Andy and Donna Goldman on the birth of

Daria Allyn Romano

Lori Lindfors and Bart Sayet

---in loving memory of Mark Sayet on his yahrzeit

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***Please make checks payable to Temple Emanu-El and remit to PO Box 288, Waterford, CT 06385***



Michele and Harvey Snitkin  
--- in loving memory of Bessie Snitkin on her yahrzeit

**Prayer Book Fund**

Joan M. Levine  
--- in loving memory of Samuel Wertheim on his yahrzeit

**Rabbi Aaron Rosenberg Tikkun Olam Scholarship Fund**

Kenneth Webman  
--- in honor of Karen and Aaron Rosenberg's 50th Anniversary  
Norma and Alan Hollandersky  
--- in honor of Karen and Aaron Rosenberg's 50th Anniversary  
Norma and Alan Hollandersky  
--- mazel tov to Jerry Fischer on his retirement

**Rabbi's Discretionary Fund**

Micah Parker Artworks, Inc.  
Leslie and Harvey Orenstein  
Barry and Stephanie Thorp  
--- in loving memory of Brian Archer Thorp  
Connie Rubin  
--- in loving memory of Barbara Rubin on her yahrzeit  
--- in loving memory of Fay Rubin on her yahrzeit

**Nar-Anon**

**T**emple Emanu-El hosts Nar-Anon meetings **every Thursday from 7:00-8:30P.M.** Nar-Anon meetings are primarily for those who know or have known a feeling of desperation concerning the addiction problem of someone close to them. If you are one of these people, come join us on Thursday evenings. This is your opportunity to engage in your own process of recovery.

If you would like more information or need help determining if Nar-Anon is right for you, contact Rabbi Ekstrand.

**Hope After Loss**

Temple Emanu-El hosts Hope After Loss meetings the **second Thursday of the month, 7:00 – 8:30 P.M.** The group provides free peer bereavement support programs to women and men who grieve the loss of a pregnancy or infant. They help one another on their journey of healing.

**Crohn's & Colitis Foundation Support Group**

Temple Emanu-El hosts Crohn's & Colitis Foundation support group meetings the **second Wednesday of the month, starting at 7:30 P.M.** Living with Crohn's disease or Ulcerative Colitis can be difficult, but the right resources and support can make day-to-day living easier.

Irma Flitt  
--- in appreciation of Rabbi Marc Ekstrand's kindness to my family  
--- in memory of my brother, Melvin Snitman on his yahrzeit  
--- in memory of my father, Jacob Snitman on his yahrzeit  
Jennifer Cannon  
--- in memory of Jennifer Zettler's father, Michael Goodman  
Linda and Leonard Cohen  
--- in appreciation of using Temple Emanu-El to celebrate our wedding anniversary  
Michele and Harvey Snitkin  
--- in loving memory of Jodie Gorin Stewart  
Norma and Alan Hollandersky  
--- in memory of Howard Smith  
--- mazel tov to Mimi and Edward Perl on the birth of their granddaughter, Summer Jeanne Thompson  
Robert Szeligowski and Justice Kendra Kali  
--- thank you to Rabbi Marc Ekstrand

**Torah Fund**

Frederic West  
--- in loving memory of Dorothy West on her yahrzeit

**Kitchen**

**H**i this is Edee Smith, commander in chief of the kitchen. I would like to have a meeting of all those who use the kitchen to put together rules and regulations for kitchen use, storage and cleanliness.

I would like to have someone from Brotherhood, Sisterhood, the Religious School, the Mah Jongg group and Jewish Federation and anyone else who would like to help or who has concerns.

Tuesday is good for me. Wed. morning before 12 or after 1:30. Or we can meet somewhere for coffee on the weekend. Let me know what is good for you. If I haven't heard in a week or so, I will come up with a date and time. We need to meet as soon as everything is starting up again this fall. I can be reached at [ejsmith1969@gmail.com](mailto:ejsmith1969@gmail.com). Thank you for your help.

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## **High Holiday Policy**

- All members are welcome to attend.
- Guests/non-members are welcome; a donation of \$75.00 per person is suggested.
- Military personnel & college students are complimentary guests.
- Families with younger children are encouraged to attend Children's Services on both Rosh Hashanah and Yom Kippur at 2:00 P.M. and the closing Havdalah (on Yom Kippur) at approximately 6:45 P.M.

## **Selichot**

Temple Emanu-El's Selichot Program is on September 21, 7:30 P.M:

- A movie and discussion
- Communal prayers for divine forgiveness, said during the High Holiday season. Drawing from biblical verses and rabbinic teachings, they are a soul-stirring introduction to the Days of Awe.
- Changing of the Torah Mantles to High Holiday Mantles.

## **Cemetery Visit**

Rabbi Marc Ekstrand and Cantorial Soloist Sherry Barnes will be at the Hebrew Benevolent Society Cemetery #3 & #4 on Middle Rd. in Preston on Sunday, September 22, from 12:30 P.M to 1:30 P.M.

## **Feeding the Hungry During Tishri**

There is no better time to donate food than during the High Holidays and the Holiday of Sukkot. The High Holiday liturgy reminds us that prayer, repentance, and tzedakah help shape our fate for the coming year. On Yom Kippur we read the prophetic words of Isaiah encouraging us to share our food with the hungry, and Sukkot is a harvest festival. What better way to thank God for our abundance than to share with the needy? Place your food contributions in the bin in the foyer. It will leave you with a good taste.

It is also a mitzvah to make financial donations to Mazon, A Jewish Response to Hunger, PO Box 894765, Los Angeles, CA 90189-4765. Mazon distributes the funds nationally and internationally as well as returning some for local useful projects.

**Sunday, September 29** Erev Rosh Hashanah Service 8:00 P.M.

**Monday, September 30** Rosh Hashanah **Morning** Service 10:00 A.M.

Rosh Hashanah **Children's** service 2:00 P.M.

**Tashlich**, where we symbolically cast our sins upon the water, 4:00 P.M.

Bring your own breadcrumbs, shofar, and snacks to share. Meet at the Hole in the Wall, 4 Baptist Lane in Niantic.

**Tuesday, October 8** Erev Yom Kippur/**Kol Nidre** Service 8:00 P.M.

**Wednesday, October 9** Yom Kippur **Morning** Service 10:00 A.M.

## **Yom Kippur Discussion**

Israel is always a difficult issue for Jews in the diaspora. We are a part of Am Yisrael, the Jewish people. But, what part do we have to play in Medinal Yisrael, the State of Israel? Do we need it? Does it need us? How do we engage or why do we choose not to engage with Israel as Reform Jews? Rabbi Marc will give a sermon on this issue on Yom Kippur morning, then Andy Feinstein will facilitate a discussion between the morning and children's services.

**Wednesday, October 9**

Yom Kippur **Children's** Service 2:00 P.M.

Yom Kippur **Afternoon** Service 4:00 P.M.

Yom Kippur **Yizkor** 5:00 P.M.

Yom Kippur **Neilah** 6:00 P.M.

***Additional High Holiday info on the reverse side.***

## September Services & Schedule of Events

Sept. 5	Thur.	7:00 P.M.	Choir Rehearsal
			Nar-Anon
Sept. 6	Fri.	5:00 P.M.	Shabbat Shira
		6:00 P.M.	Shabbat Dinner
		7:00 P.M.	Shabbat Service
Sept. 7	Sat.	10:30 A.M.	Shabbat Morning Service-MicKayla Marcus Bat Mitzvah
Sept. 8	Sun.	9:30 A.M.	Brotherhood Bagels – Free for everyone
			Religious School
		10:30 A.M.	Preschool
		11:00 A.M.	Adult Study Group
		12:30 P.M.	Habitat for Humanity Build in Norwich
Sept. 9	Mon.	12:30 P.M.	Federation Senior Lunch
Sept. 10	Tues.	7:30 P.M.	Religious Practices Meeting
Sept. 11	Wed.	4:30 P.M.	Religious School
		7:30 P.M.	Crohn's & Colitis Foundation Support Group
		7:30 P.M.	Board of Trustees Meeting
Sept. 12	Thur.	12:00 P.M.	Food for Thought
		7:00 P.M.	Choir Rehearsal
		7:00 P.M.	Hope after Loss
		7:00 P.M.	Nar-Anon
Sept. 13	Fri.	7:30 P.M.	Shabbat Service
Sept. 15	Sun.	9:30 A.M.	Brotherhood Bagels
			Religious School
		11:00 A.M.	Adult Study Group
Sept. 16	Mon.	12:30 P.M.	Federation Senior Lunch
		6:00 P.M.	Jewish Community High School
Sept. 18	Wed.	4:30 P.M.	Religious School
Sept. 19	Thur.	7:00 P.M.	Choir Rehearsal
		7:00 P.M.	Nar-Anon
Sept. 20	Fri.	7:30 P.M.	Shabbat Service
Sept. 21	Sat.	7:30 P.M.	Selichot Program
Sept. 22	Sun.	9:30 A.M.	Brotherhood Bagel
			Religious School
		10:30 A.M.	Preschool
		11:00 A.M.	Adult Study Group
		12:30 P.M.	Cemetery Visit with
			Rabbi Marc Ekstrand and Cantorial Soloist Sherry Barnes
Sept. 23	Mon.	12:30 P.M.	Federation Senior Lunch
		6:00 P.M.	Jewish Community High School
Sept. 24	Tues.	6:00 P.M.	Temple Emanu-El Sisterhood Kick-off Dinner
Sept. 25	Wed.	4:30 P.M.	Religious School
Sept. 26	Thur.	7:00 P.M.	Choir Rehearsal
		7:00 P.M.	Nar-Anon
Sept. 27	Fri.	12:00 P.M.	Dine to Donate at Texas Roadhouse
		7:30 P.M.	Shabbat Service
Sept. 29	Sun.	8:00 P.M.	Erev Rosh Hashanah
Sept. 30	Mon.	10:30 A.M.	Rosh Hashanah Morning Service
			Followed by Discussion Group
		2:00 P.M.	Rosh Hashanah Children's Service
		4:00 P.M.	Tashlich at the Hole in the Wall, 4 Baptist Lane, Niantic

### **Dairy Potluck Break-the-Fast**

Temple Emanu-El coordinates the Break-the-Fast following the concluding services (about 6:30 P.M.) on Yom Kippur. The Break-the-Fast will be prepared by Gregg Morea and other volunteers. We are taking this opportunity to ask you for a suggested donation of \$18 per person toward the Break-the-Fast.

Temple Emanu-El  
PO Box 288  
Waterford, CT 06385

Please designate "Break-the-Fast" in the memo section of the check.

### **Putting Up the Sukkah**

For Sukkot we will need volunteers to put up and take down the Sukkah. Help build the Sukkah on Sunday, October 13, at 9:30 A.M. Our Sukkah is very large, so we need a lot of material for the roof (Schach, in Hebrew). Please bring materials for the Sukkah any time after Yom Kippur. Things like ornamental grasses or cornstalks are ideal for the roof (schach). Please contact Scott Zettler at [scottzettler@gmail.com](mailto:scottzettler@gmail.com) or 860-912-6687 for further details.

### **Sukkot Service and Picnic Lunch**

Please join us for the Temple Sukkot Celebration on **Sunday morning, October 13, at 11:30 A.M.** We will enjoy the Sukkot worship service followed by a bring-your-own picnic lunch outdoors. (Bring a blanket and or chair to sit on.) The event will wrap up by 1:30 P.M.

Then there will be a Sukkot Morning Service on Monday, October 14, at 10:30 A.M., followed by a potluck lunch in the Sukkah.

### **Simchat Torah**

After the solemn High Holidays, participate in a truly joyful celebration. Join the entire Jewish community in celebration of the Torah at Beth Jacob Synagogue, 400 New London Turnpike, Norwich on Sunday evening, October 20, 6:00 P.M. We will complete the yearly cycle of Torah reading and begin again and of course there will be food.

Shmini Atzeret/Yizkor Service will be at Temple Emanu-El on Monday, October 21, at 10:30 A.M.

### **High Holiday Day Cemetery Services in our region**

Rabbi Marc Ekstrand and Cantorial Soloist Sherry Barnes  
Sunday, September 22, 12:30PM  
Norwich Hebrew Benevolent Association Cemetery 3/4  
62 Middle Road, Preston

Rabbi Rachel Safman  
Sunday, September 22  
10:00 AM - Ohave Shalom Cemetery, Boston Post Road in Waterford  
11:00 AM - Beth El Cemetery, Lestertown Road, Groton

Rabbi Ken Alter  
Sunday, September 22  
12:30 Ahavath Achim Cemetery Taintor Hill Road  
1:15 Jewish Aid and Lebanon Sections of Ahavath Achim Cemetery, Gillette's Lane

Rabbi Julius Rabinowitz  
Sunday, October 6, beginning at 9:30AM  
Norwich Hebrew Benevolent Association Cemeteries 1/2  
38 Rt 12, Preston  
Followed after at NHBA Cemeteries 3/4  
62 Middle Road, Preston

Rabbi Jeremy Schwartz  
Sunday, October 6, 10AM  
Temple Bnai Israel cemetery on Rte 32 in  
Mansfield  
Use 227 Stafford Road, Mansfield, CT  
06250 in your GPS to get there



**Temple Emanu-El Sisterhood**  
29 Dayton Road (Mail registration to: P.O. Box 288)  
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(860) 443-3005

## **FULL DAY MAH JONGG TOURNAMENT**

**Monday, November 4th, 2019 9:00 AM– 4:30 PM**

Registration/Breakfast 8:30 – 9:00; Tournament begins at 9:00

### **Our fun day includes:**

- Continental Breakfast & “Home-made” Buffet Lunch
- Lots of mahjongg - 6 rounds
- Cash prizes for top scores
- **Extra ways to win cash hands**



### **Your Choice:**

**Tournament Play:** 15 min game max., rotate tables for the full tournament experience  
OR

**Relaxed Tables:** An option if you can't be with us the whole day, not ready for time-limited games, or don't want to rotate tables. Come with a group of friends or we'll find some for you!

**Cost: \$40 per person – includes everything above!**

**To register:** Mail tear-off below with \$40 check to Temple Emanu-El Sisterhood.

**Deadline:** Thurs, Oct 31 or when we reach capacity. Register early to ensure a spot! No refunds.

### **PRE-PURCHASE KUGEL**

We will have it packed and ready for take home. \$24 full pan; \$12 half; \$6 quarter.

For more information contact Iris Freeman at [ifreegang@aol.com](mailto:ifreegang@aol.com) or 860-460-3081.

\*\*\*\*\*

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_ Phone: \_\_\_\_\_

Check any that apply:

\_\_\_\_\_ I can bring a mah jongg set and be East (everyone records their own scores)

\_\_\_\_\_ Seat me at Novice/Relaxed table only (no time limits)

\_\_\_\_\_ I am including payment for \_\_\_\_\_ Kugel to take home



Please join the  
Temple Emanu-El  
Sisterhood  
for our  
Membership  
Kick-Off Dinner!



Tuesday, September 24th  
at Temple Emanu-El

Light Dinner beginning at 6 pm

Please RSVP by  
Wednesday, September 18th  
to Gail at gailrw53@gmail.com

The Kick-Off Dinner is  
complimentary to all members.  
Annual dues of \$36 may be  
paid in advance or on the  
evening of the dinner.



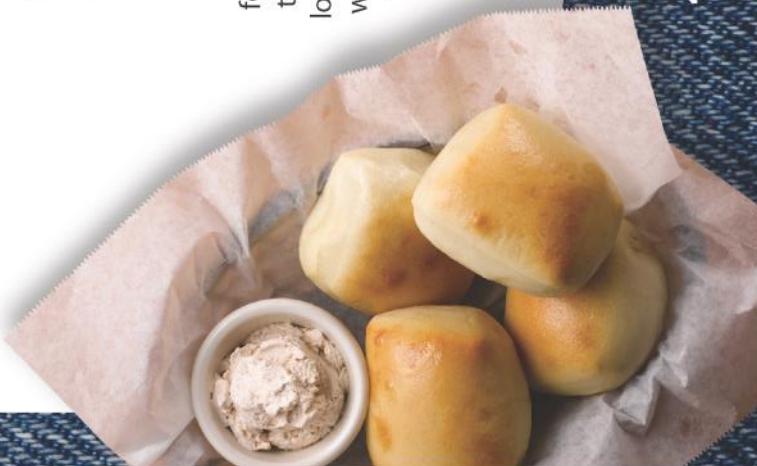
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Email your articles to Roberta at [office@tewaterford.org](mailto:office@tewaterford.org)

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