



**Rabbi's Message -
Marc Ekstrand**

Friends,

The new year 5784 has arrived. It was very good to see so many of you at our services for

the High Holy Days, whether you attended in person or virtually. There are many to thank for making the High Holy Days so beautiful. I can't do proper justice to expressing thanks to everyone in the small amount of space this article allows. However, I want to thank my colleague, our Hazan, Sherry Barnes. Sherry's fingerprints are all over every aspect of planning and conducting our services and programs. From what I have heard from you, I sense that these High Holy Days were meaningful to you. I know I speak for all of us in expressing gratitude to Sherry for beautifully uplifting our prayers.

Each High Holy Days, I have an opportunity to address you about important topics through my sermons. On Yom Kippur, I spoke to you about the situation in Israel. Many of my colleagues across the country also addressed their congregations about the crisis. I have had the opportunity to watch a few of their sermons, and I hope that you will also take time. I point out two sermons for special note from Rabbi Angela Buchdahl, Senior Rabbi at Central Synagogue in New York, and Rabbi Sharon Brous, Senior Rabbi/Founder at ikar in Los Angeles. You can easily find their sermons by searching on YouTube. These women are two extraordinary leaders of the progressive American Jewish community.

It may be hard to listen to these sermons, but I feel that it is essential that we all do. As I said in my Yom Kippur sermon, we need Israel, and Israel needs us. External forces have constantly threat-

ened Israel, but internal fractures now threaten it. The Diaspora always has to deal with antisemitism, but now we are experiencing an alarming rise in antisemitism that is more threatening and violent. Israel and the American Jewish community need each other now more than ever. Prayers and hope are important, but deep learning, frank conversation, investment, and actions are even more critical.

Over the next few months, I will work with a dedicated few of you to create more opportunities for us to learn about and discuss what is happening in Israel from multiple perspectives. I have already heard from some of you that you would like to go on a congregational trip to Israel soon. I sincerely hope we can plan and take such a trip. I think it is essential that we see and feel first-hand both the points of tension and opportunities for pluralistic flourishing in our homeland. We need to pull closer to Israel.

We also need to pull closer to each other at Temple Emanu-El. One of the lovely things about the High Holy Days is seeing so many of you at the Temple at the same time. We always seem to pull together for the holidays. Let's not wait until next Rosh Hashanah. Keep an eye on the calendar and website for new programs, classes, dinners, and other opportunities. Let's not lose this beautiful sense of togetherness.

L'Shalom,

Rabbi Marc



President's Message - Armi Rowe

Welcome HOME. That's how we want you to feel each time you walk into Temple Emanu-El, whether it's been one week, a few months or years since you last entered, or whether it's your first visit. This is what we offer to all arriving at our doorstep who seek meaningful worship, intellectual stimulation, and a strong sense of community. We find purpose together as we put our Jewish values in action.

Seeing everyone who attended High Holiday services stirred a deep sense of nostalgia within me. It was like our Temple's "family reunion" after a busy summer. Many thanks again to Rabbi Marc and Hazzan Sherry for a very moving and inspiring High Holiday program. Our congregation was so fortunate to have the support and energy of the choir; the shofar pageantry of Jose Cordero and Kaitlyn Bendick; Sean Bendick's A/V expertise; Rich McCaffrey and his team of parking attendees and ushers; all of our greeters; Lisa Marcus, Rebecca Brody and Emma Zelken for setting up a junior congregation so their parents can attend the adult services; Barbara Senges for creating the getting to know you activity for adults; and Greg Morea and his amazing team who worked over two days to ensure that we had enough to eat at Break-the-Fast. If you enjoyed the meal, please consider making a donation to the Essential Services Fund to help offset some of the cost.

And now, **we are launching into a burst of activities** that our hard-working committees have planned for you this month. Join us for a flurry of opportunities to continue to connect with fellow members.

First, you will see a flyer in this issue about new Community Circles we are encouraging members to start around their special interests. Imagine our social hall busy with activities on Sunday morning or during the day on Wednesdays. Maybe you want to play cards or mahjongg, or meet other artists, knitters, or crafters who want to

chat about or work side-by-side on projects. The first group to form is a writers group that will meet monthly on the first Wednesdays beginning October 4 at 2:00 p.m. Send in your ideas for a new community circle.

Be sure to attend our first Share Shabbat service this year on Friday, October 6 at 6:30 p.m. when we will not only observe the holidays of Shemini Atzeret and Simchat Torah but also welcome our Religious School's newest students as they are consecrated in a brief ceremony. The following day, on Saturday, October 7 at 10:00 a.m., let's join our friends in the Eastern Connecticut Jewish Community for a joyous Community Simchat Torah celebration at Congregation Ahavath Achim in Colchester.

There is more excitement the following week. On Tuesday, October 10 at 7:00 p.m., we will open our doors to the shipbuilding community and the general public as author and keynote speaker Mark Wortman and a panel of distinguished speakers from the U.S. Navy honor the life and legacy of Admiral Hyman G. Rickover during the commissioning week of the USS Rickover.

Baking Club will be meeting for the first time this year on Wednesday, October 11 at 3:00 p.m. in the Temple kitchen to bake some fall-themed treats for the October 13th oneg. They will be making no-bake pumpkin-spiced babka buns and candy corn chocolate strawberries.

Two days later, Sisterhood will hold its "Dinner and Dice" membership kick-off event on Thursday, October 12 at 6:00 p.m. Apparently it's a very easy dice game that provides a quick and efficient way to make new connections.

The very next day, please join us for a special Shabbat service on Friday, October 13 at 6:30 p.m. and help cheer on Vee Sherman with her family as she becomes a bat mitzvah.

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President's Message - Armi Rowe—continued from page 2

Sisterhood will be hosting its next mahjonn tournament on Wednesday, October 18 from 9:00 a.m. to 4:30 p.m. It draws players across the state and beyond who come not just for the game from also Sisterhood's famous kugels and fantastic breakfast and luncheon.

One more thing for your radar. The Annual Raffle will once again feature 7 different sponsored prizes to win – tickets are now available for purchase. Contact John Murphy, Barry Feldman, Marcia Reinhard, the Temple Office or me.

I look forward to seeing you again soon.

Cheers,



Top Board of Trustees Highlights

Beginning in October, our Temple will host a dinner celebrating Shabbat in the social hall at 6:30 pm on the third Friday for those who RSVP and send payment ahead of time. A different menu theme will be featured each month. There will not be a Shabbat service in the sanctuary on these evenings.

The Security Committee provided an update of the Temple Emanu-El Emergency Action Plan to the Board of Trustees. Board members have volunteered to serve as greeters throughout the year and they are reviewing the plan.

Notes from Sherry Barnes



It is the day after Yom Kippur and Mimi and Roberta have been kind enough to extend my Bulletin dead-line to today. I'm very grateful to both of them. Though the High Holy Days are filled with awe and

weighty thoughts and feelings, I am always happy to see so many people attending the services. Many of you I've known since I joined the synagogue 36 years ago, some of you I've known less, and some of you I've recently met. Some of you have been my students, and now your children are my students. In other words, the High Holy Days are filled with a flood of emotions and all of them remind me of how much I love my Temple family. Seeing your faces and hearing your voices singing together is something I always look forward to. Many of you have become more involved in Temple life through Sisterhood, Board of Trustees, and

many of our other committees, classes, clubs, or our newest addition, "Circles", which are just beginning to come together.

Holy Day Highlights for me were: Hearing you sing! I love hearing you sing. It makes me smile every time. Seeing a sea of smiling faces, new ones, familiar ones, young and old ones; Hearing the choir sing with Michael McCarthy on the piano. Thank you for the time you give me, Jeff Elkin, Harvey Schiller, Nathaniel Rowe, Armi Rowe, Amy Greenberg, Barbara Senges, Barbara Luftglass-Morea, Jo Michaelson, and Patty Hans. Hearing Jose and Kaitlyn blow Shofar; hearing Victor Johnson play Kol Nidre on the cello; hearing my son sing "Who By Fire"; hearing Sophia Selke and Nat Ross sing the Haftarah blessings; having so many talented people reading from Torah: Jonathan Rowe, Michelle Pievsky, Armi Rowe, Jo Michaelson, Myra Gipstein, Jeff Elkin, who also

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Notes from Sherry Barnes—continued from page 3

chanted Haftarah, Emma Zelkin, and Jennifer Zettle, thank you so much. The line of people who came up to help read during Yizkor and the N'ilah service. Rabbi Rosenberg's Yizkor sermon. Loved the "getting to know you better" exercise during the N'ilah service! The children around the table during Havdallah. Break the fast! It was delicious! Thank you to Greg Morea and his crew. I'm sure there are more, but being that it is early in the morning, they are escaping me. What doesn't escape me is the amount of thought and time that Rabbi Marc puts into crafting High Holy Day services that will be meaningful for all of us. From meaningful music to choosing the right readings for those that are honored to read, to his thought provoking, emotional, and engaging sermons. He gives his all because of his love for Temple Emanu-El and its congregants. As I have said in the past, I

have been blessed to have worked with Rabbi Rosenberg and Rabbi Marc. Rabbi Rosenberg, Rabbi Marc and you have given me the gift of being a part of this congregation in a way that I never would have imagined possible. Thank you to Rabbi Rosenberg, Rabbi Marc, and to you, the congregation that continues to fill my heart with love and joy. May this year bring us all peace, good health, love, and purpose.

Many thanks to all of you behind the scenes that helped to get us through the High Holy days safe, with great programming, and with everything else we needed.

In gratitude, appreciation and much love,

Sherry

P.S. Keep an eye on our Temple Website for upcoming classes in November.

Temple Emanu-El Religious School (TERS)-

Happy Fall, Y'all!

It's official. It is fall—my favorite time of year. We are beginning the new year, and as I reflect upon the year behind me, I am reminded that time is fleeting. We must celebrate all the sweet mo-

ments as we continue to reflect upon how we can be better versions of ourselves. Such is my plan with our students as our weekly routine falls into a rhythm. To teach them how to savor the happy times and give careful consideration to the times that maybe didn't offer us the results we were looking for.

How will we accomplish this goal? Well, beyond the values that we teach every day in the classroom, I will begin visiting with your children two at a time for 'Cocoa with Eliza.' These will be the topics of discussion: what is something they can improve upon going forward, and what are some



of the best memories they have made. How do they enjoy and celebrate these wonderful memories? Life can be hard. It is indeed important to reflect upon our challenges, but it is also never too early to learn how to enjoy and re-

member the sweet moments in life.

So as this year progresses, check in with your little ones to see if they have had the opportunity to visit with me for cocoa. If they have, ask them probing questions about what we discussed. I bet they will amaze you with how much they are internalizing their faith and Jewish values, and you might just gain a little insight as to what makes them happy on the inside, too.

Shalom,

Eliza Miriam (Lisa Marcus)

Sisterhood -- Barbara Senges, President

Ladies,

Thank you to all of you who helped with the **Friendly Visitor Program** and the **Rosh Hashanah Oneg**. A very special thank you to **Jennifer Zettler** and **Sue Fornara** for coordinating and leading the wonderful Rosh Hashanah Oneg. Another big thank you to our **Social Justice Chair, Moira Ross**, and all our panelists for the extremely informative and engaging **Book Banning Forum** on Sept 19.

A very heartfelt thank you to **Iris Freeman** for offering Mahjongg lessons every Tuesday afternoon during the months of July and August. Iris travelled all the way from her home in Massachusetts to provide this opportunity to Sisterhood members and indeed to all members of the Jewish community. I am generally not a game player, but Iris really turned me on to Mahjongg. I have purchased my own Mahjongg set and I will be forming a **weekly daytime Mahjongg group** at the synagogue starting in November. Let me know if you are interested. Also, don't forget the **Mahjongg Tournament on Wednesday, October 18th**. I'm planning on playing at the relaxed tables.

In my September bulletin article, I told you that the Sisterhood Book Club was "a work in progress". I am now very happy to report that the Book Club is up and running thanks to **Suzanne Crawford** who volunteered to join our Sisterhood Board as Book Club Chair. As in the past, all the books we read will be available at the Waterford Library four weeks before the Book Club meeting. All Book Club sessions will be in person, either in a member's home or at the synagogue, with a Zoom option available. All sessions will be on Tuesday evenings at 7:00PM. Book Club dates for 2023-2024 are **October 17, November 7, January 9, February 20, April 2, May 7, and June 18**. Prior to the Book Club you will receive an email from Suzanne with a request to RSVP to her at suzm.crawford@outlook.com. Books and locations have been selected for February, April, and June. If you are interested in either hosting or

leading a book discussion in January or May, contact Suzanne.

Our first Book Club of the year is taking place on **Tuesday, October 17 at the home of Suzanne Crawford in Mystic**. Suzanne is inviting participants for refreshments and meet and greet at **6:30PM**. The book discussion will begin at 7:00PM. We will be reading "**All the Rivers**" by **Dorit Rabinyan**. This Israeli novel recounts a forbidden love affair between a Jewish girl from Tel Aviv and a Palestinian boy from Hebron who meet and fall in love in New York. If you have not already RSVP'd to Suzanne, there is still time. Our second Book Club will take place on **Tuesday, November 7 at 7:00PM at the home of Adrienne Parad in Ledyard**. The book is "**Maus**" by **Art Spiegelman**. "Maus" is a graphic novel about the Holocaust. It was banned in Tennessee in 2022 due to "inappropriate language" and an illustration of a nude woman. It is a heart-wrenching story of love, loss, survival, family, empathy and identity. You will receive an email from Suzanne with further details at the beginning of this month.

UPCOMING EVENTS FOR

• OCTOBER AND NOVEMBER

- **Tuesday, October 12 at 6:00PM** at Temple Emanu-El - **Membership Kick-Off Dinner and Bunco. This event is free to all Sisterhood members.**
- **Tuesday, October 17 at 6:30PM** at home of Suzanne Crawford in Mystic - **Book Club**
- **Wednesday, October 18 at 9:00AM** at Temple Emanu-El - **Mahjongg Tournament**
- **Sunday, October 22 at Waterford High School - Safe Futures Walk - Sign up for the Sisterhood Team at:**
<https://secure.frontstream.com/safe-futures-4k-safe-walk-october-2023/register/location>

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Sisterhood -- Barbara Senges, President—continued from page 5

- **Thursday, November 2 at 7:30PM** - “Steel Magnolias” at Niantic Playhouse preceded by dinner at Lillian’s Cafe at 6:00PM. **There is still one ticket available.** Contact me if you are interested at professeur38@me.com.
- **Tuesday, November 7 at 7:00PM** at the home of Adrienne Parad in Ledyard - **Book Club**
- **Wednesday, November 8 at 4:00PM** at Temple Emanu-El - **Assembly of Menstrual Hygiene Products “Dignity Grows Program”**. Sisterhood is donating \$1,000 to Dignity Grows to make this happen.

Our year is off to a great start! Looking forward to seeing you all at the **Sisterhood Kick-Off Event on Tuesday, October 12!**

Fall MahJongg Tournament OCTOBER 18, 2023

Don’t miss out on all the fun!

Our next MahJongg Tournament is Wednesday, October 18, beginning at 8:30 AM

See the enclosed registration flyer for all the details. The event includes full luncheon, plus continental breakfast and afternoon desserts.

Your full day includes 6 rounds of Mah Jongg. If you don’t want to play a full day, we can arrange for someone to sub in for part of the day for you.

Our 50/50 Raffle is open to everyone, and you need not be present to win, so contact me if you’d like to purchase tickets (\$5 each; 3 for \$10).

Also, we will be taking pre-orders for homemade dessert dairy kugel. Contact me if you want to pick one up Wednesday afternoon. (\$30 for a full tray and \$15 for a half.)

Tournament Volunteers

We welcome volunteers for setup and food prep the day before the tournament (October 17th, 10 am to 12ish). And for those few holdouts who

have not yet dipped their foot into the game of MahJongg and won’t be participating as a player, we invite you to help on the day of the event. Contact me to add your name to the list of assistants. It’s a lot of fun!

We look forward to the pleasure of your company on October 18th.

Text or call with any questions.

Iris Freeman

860.460.3081

ifreegang@aol.com

TEMPLE EMANU-EL GIFT SHOP

Check out our Gift Shop!

There are everyday items, like Shabbat candles and beautiful jewelry, as well



as items for special occasions and holidays. There are gifts for every age and every budget!

We are also stocking up for the **Chanukah Fair on December 3!** Be sure to stop by our fair and check out the selection of items on display.

You can email Anne at

judaicashop@tewaterford.org or call the Temple office to make an appointment to visit the shop. Remember – you can buy it from us for less, and you do not have to pay sales tax. Every purchase supports your community.





A New Monthly Shabbat Dinner Format Begins This October!

Let's gather for a new special Shabbat dinner format as a community on the **third Friday of each month**, beginning **October 20 at 6:30 p.m. in the Temple Social Hall.**

We're trying something new. We'll celebrate Shabbat with Kiddush, singing, honoring each month's birthdays, anniversaries, simchas, and then recite Kaddish together. There will not be a Shabbat service in the sanctuary on these evenings.

October's Menu Theme: Middle-Eastern



Chicken Shawarma,
Falafel, Israeli Salad,
Pita and Hummus.

Kids menu option:
Chicken Fingers with Tator Tots

Drinks are included. Please feel free to bring a dessert to share.

Adults: \$20.00 each
Children \$12.00 each

**Please RSVP by Friday, October 13 to
Temple Office (860) 443-3005 or
office@tewaterford.org**



Service & Event Schedule

Oct. 1	Sun.	9:30 A.M.	Religious School and Preschool Sukkot Celebration
Oct. 2	Mon.	12:00 P.M.	Federation Senior Lunch
		6:00 P.M.	Jewish Community High School
Oct. 4	Wed.	4:30 P.M.	Religious School
		2:00 P.M.	Writers Circle
		7:00 P.M.	Religious Practices Committee Meeting
Oct. 5	Thur.	5:00 P.M.	Federation Pizza, Cider and Donut party welcoming Young Emissaries
Oct. 6	Fri.	6:30 P.M.	Share Shabbat Service/Erev Sh'mini Atzeret/Simchat Torah and Consecration
Oct. 7	Sat.	10:00 A.M.	Community - Sh'mini Atzeret/Simchat Torah and Yizkor Service At Ahavath Achim 84 Lebanon Ave. in Colchester
Oct. 8	Sun.	9:30 A.M.	Religious School and Preschool
Oct. 10	Tues.	7:00 P.M.	Commissioning of the USS Rickover Program
Oct. 11	Wed.	4:30 P.M.	Religious School
Oct. 12	Thur.	6:00 P.M.	Sisterhood Kickoff Event
Oct. 13	Fri.	R.S.V.P.	Deadline for Oct. 20 Shabbat Dinner
		6:30 P.M.	Kabbalat Shabbat
Oct. 14	Sat.	10:00 A.M.	Shabbat Morning Service – Vee (Veronica) Sherman Bat Mitzvah
Oct. 15	Sun.	9:30 A.M.	Religious School and Preschool
		TBD	Sunday Fun Day
Oct. 16	Mon.	12:00 P.M.	Federation Senior Lunch
		6:00 P.M.	Jewish Community High School
Oct. 17	Tues.	TBD	Mah Jongg Food Prep
		6:30 P.M.	Sisterhood Book Club at the Crawford family home
Oct. 18	Wed.	8:30 A.M.	Mah Jongg Tournament – preregistration required
		4:30 P.M.	Religious School
Oct. 20	Fri.	6:30 P.M.	Shabbat Dinner
Oct. 22	Sun.	9:30 A.M.	Religious School and Preschool
Oct. 23	Mon.	12:00 P.M.	Federation Senior Lunch
		6:00 P.M.	Jewish Community High School
Oct. 25	Wed.	4:30 P.M.	Religious School
Oct. 27	Fri.	7:30 P.M.	Kabbalat Shabbat
Oct. 29	Sun.	9:30 A.M.	Religious School and Preschool
Oct. 30	Mon.	12:00 P.M.	Federation Senior Lunch (location may change)
		6:00 P.M.	Jewish Community High School
Nov. 1	Wed.	4:30 P.M.	Religious School
		7:00 P.M.	Religious Practices Committee Meeting
Nov. 2	Thur.	7:30 P.M.	Sisterhood attending Niantic Bay Playhouse - Steel Magnolias Preregistration required
Nov. 3	Fri.	6:30 P.M.	Share Shabbat
Nov. 4	Sat.	8:00 P.M.	Star Gazing Havdallah

Upcoming Services you don't want to miss—Oct 6 & 7

Share Shabbat, Erev Sh'mini Atzeret Simchat Torah & Consecration

Come sing and dance in this joyous celebration of Torah, the beating heart of the Jewish people, at **6:30 PM, Friday, October 6**. During this special Share Shabbat, we will have Consecration for the newest students in our Religious School.

Shmini Atzeret/Yizkor Service will be at Congregation AHAVATH ACHIM, 84 Lebanon Ave. Colchester, **Saturday, October 7 at 10:00 A.M.**



Social Action—Karen Bloustine & Sybil Nassau, Co-Chairs

Our committee again arranged for our High Holiday Food Drive.

We have approved a donation to the Joint Distribution Committee for relief in Morocco after the earthquake. Many refer to this organization as The Joint or JDC. This organization has people on the ground all over the world to help and support Jews in need.

Closer to home we continue to offer rides to services or medical appointments. If you would like to be a volunteer driver or need such rides, please contact **Karen Bloustine, bloustinek@gmail.com, 860-326-6377**.

Our monthly cooking for the Community Meal Center has a dedicated group of volunteers. If you are looking to help, please contact Karen Bloustine using the information above.

ALSO please remember we are continually looking for new members for our Committee - especially if you have ideas for Temple or community social action projects.

Mazal Tov to . . .



David and Janet Garson
on the birth of their grandson,
Jack Harrison Mierzekewski.
Proud parents are
Justin and Alisa Mierzekewski.
Jack was born Sept. 21, 2023,
8:30 PM.
He is 7.6 lbs and 19 1/2 inches.

Condolences to . . .

Marcie and Howard Brensilver
on the passing of their brother-in-law,
Herb Kaplan



Bat Mitzvah — Vee Sherman October 13-14



Veronica Esther Sherman (“Vee”) will become a Bat Mitzvah on October 14, 2023. She will be assisting Rabbi Marc Ekstrand and Cantorial Soloist Sherry Barnes in leading services on Friday evening

October 13 and Saturday morning, October 14. Vee is the daughter of Bradley and Rachel Sherman, and big sister to Fiona Sherman.

Vee has been at the religious school of Temple Emanu-El since the second grade, engaged in religious activities and embracing Jewish teachings and traditions. She has been working tirelessly toward her Bat Mitzvah over the last year.

Vee is in the 8th grade at Stonington Middle School, where she is a high honors student, and a member of the Sing Rays select chorus. She has

previously served on the student council, and performed in theater productions.

Outside of school, Vee has been a competitive swimmer since the age of seven and currently swims for the Mystic (YMCA) Hammerheads. She is also an accomplished sailor, having started the sport at New England Science and Sailing camp at age six. She was also a dancer with Eastern Connecticut Ballet and preformed in The Nutcracker the last two years. She has loved being a camper at the all-girls Camp Runoia in Maine since 2018, where she enjoys horseback riding, spending time at the barn caring for the horses, and sailing.

Vee also loves reading, crocheting, bracelet-making, and hanging out with Virgil, her family’s beloved 18-year-old cat.

For her mitzvah project, Vee has started a program aimed at providing private swimming lessons to underprivileged children at the Mystic YMCA. She worked with the YMCA to develop the program and has been successful at raising funds from local businesses, neighbors, family and friends. Vee will be donating ten percent of her gifts to this project in memory of her grandparents, Ely and Barbara Sherman, and her aunt for whom she was named, Esther Sutel.

Vee would like to thank her family and the administration at Congregation Emanu-El for all their support in achieving this great simcha.

Mazel Tov, Vee!

**Join Temple Emanu-El's Baking Club
in the Temple Kitchen
Wednesday, Oct. 11 at 3:00 p.m.**

We will bake no-yeast pumpkin spice babka buns (vegan-gluten-free) and make candy corn chocolate strawberries for the Oct 13 Shabbat Oneg in celebration of V's bat mitzvah.

Call 860.608.4835 or email rmccaffrey@snet.net
Please RSVP by October 9

October Birthdays

Marla Renee Barnett
Jacob Bendick
Marcia Brensilver
Charlie Brody
Jean Brown
Terry Cohn
Norman Cooper
Bruce Darling
Karen Dinsfriend

Jeremy DuBois
Adam Engelman
Andrew Feldman
Jess Feldon
Jo-el Fernandez
Kenneth Fischburg
Kimberly Fischburg
Chris Fornara
Arthur Fox
Aleah Fox-Caulin
Samuel Gipstein
Kenneth Green
Morgan Hicks
Jennifer Kaplan
David Raymond Kaplan

Rachel Kayla Kaplan
Rick Kaye
Mitchell Krasney
Gregory Kronisch
Barbara Luftglass-
Morea
Steve Mann
Jo Michaelson
Caryn Novick
Michael O'Brien
Rachel O'Brien
Mike Reinhard
Roberta Reisner-
Winograd
Katherine Rosen

Moira Ross
Evan Seeman
Sara Seeman
Jennifer Segal
Anna Seidner
Sophia Selke
Barbara Senges
Samuel Sher
Danny Sitko
Thomas Smith
Martin Trehub
Laurie Wickson
Scott Wolfe
Yani Ziv

Anniversaries

Beth Linden and Kevin
Constantine

Susan and Chris Fornara

Mike and Rebecca
Haynes

Clayton and Elyse Hicks

Louis and Anne
Kronisch

Amy and Dan Orce

Carl and Susan Rosen

Mark and Alexandra
Rosenthal

Bradley and Rachel
Sherman

Robin Margolis Silsby
and John Patrick Silsby

Andrew and Samantha
Venooker

Adam Kaufman and
Rebecca Woodward

October Yahrzeits

October 6

Betty Bendick
David Bialer
Eleanor Comforti
William Dibner
Stanley Gordon
Esther Green
Bill Kosseff
Sarah Belva Lewis
Adele Panikoff
Matthew Perry
Frances Pinkenfeld
Sarah Resnick
Michael Ronay
Alexander Rosen
Simon Rosenthal
Sarah Ann Salowitz
Russell Smith
Margaret Yeomens
Warren

October 13

Maurice Blinderma
Joel Dinsfriend
David Edgar
Aryeh Friedman
Julia Gejdenson

Morris Irwin
Kate Liebling
Harry Linden
Phillip McCaffrey
Luke Moreo
Louis Ratner
Joel Sandy Shapiro
Ely Sherman
Laurene Stewart
Eleanor Torrest
Samuel Werner
Robert Marvin Zechman

October 20

Anna Beck
Jason Becker
Eugene Frank
Sarah Friedman
Seymour Hendel
Rosella Rappoport
Francis W. Wiesniewski
Max Yavener

October 27

Coleman Andelman
Monica Andres
Paul Cantor

Dr. John P. Ekstrand
Jean Mary Furman
Krupa Putala David
Glazer
Ann Goldblatt Krysta
Evan Scott Goldman
Samuel Goodman
Meyer Goodman
Eric Jacob Hartman
Hilbert Hendel
Seymour Hendel
Betty Jean Linden
Judy Lupkay
Elizabeth Mettler
Yale Orenstein
Samuel Pinkenfeld
Lynne Rosenthal
Ludwig Rubinsky
Jon Scheiber
J. Julius Schnable
Max Seeman
Arthur Steckler
Beatrice Stein
Hinda Freeman
Zisholtz





It's Fall!



That means it's time for the
**Temple Emanu-El Sisterhood
Membership Kick-Off Event!**

Join Us for
'Dinner and Dice'
Thursday, October 12 • 6:00 pm
Temple Emanu-El Social Hall

**Catered dinner followed by a relaxed and fun game
of Bunco. Never played before? No problem!
Bunco is very easy and fun to play.**

**The Kick-Off Dinner is complimentary to all members.
Annual dues of \$36 may be paid in advance or at the event.**

Temple Emanu-El Sisterhood welcomes all women of
Temple Emanu-El and all Jewish women of Southeastern CT.



Please RSVP by Tuesday, October 3rd to Jennifer Zettler at sjzettler95@gmail.com



Join or Start
One of
Temple Emanu-El's



Community CIRCLES

**GATHER WITH FELLOW CONGREGANTS
WHO SHARE YOUR SPECIAL INTEREST!**

Each group is hosted by a Circle Leader.

Meet over refreshments in the
social hall monthly or weekly.

Set your group's meeting time:
Sundays between 9:30-12:00pm
or
Wednesdays anytime between
10:30am-3:30pm.

JOIN NEW COMMUNITY CIRCLES FORMING:

Monthly Writers Circle starting Oct 4
Meets on First Wednesdays at 2pm

Drop-In Weekly Mahjongg Circle
Beginning in November (Time TBD)

SUBMIT YOUR IDEA TO THE TEMPLE OFFICE:

860-443-3005

QUESTIONS OR COMMENTS? WE WANT YOUR INPUT:

president@tewaterford.org

We are eternally thankful for the support of those below

Alter Fund

Barbara Senges and John Murphy

Building Fund

Carl and Susan Rosen

- in loving memory of Dorothy Rosen on her yahrzeit

Scott Leader

- in loving memory of Edna Leader on her yahrzeit

Cantor's Fund

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Barbara Senges and John Murphy

- in memory of Leslie Merwin

Claire Warren

- in memory of Leslie Merwin

Gail and Daniel Schor

- in loving memory of Bob Schor on his yahrzeit

Greg Morea and Barbara Luftglass-Morea

- in memory of Leslie Merwin

Irma Flitt

- thank you Hazzan Sherry Barnes

Jeffrey Elkin and Jean Lasser

- in memory of Leslie Merwin

Jo Michaelson

- in memory of Leslie Merwin

Jo-el Fernandez and Sandy Greenhouse

- in memory of Leslie Merwin

Michele and Harvey Snitkin

- in memory of Leslie Merwin

Patricia and Jay Hans

- in memory of Leslie Merwin

Sherry Barnes

- in memory of Leslie Merwin

Essential Service Fund

Karen Dinsfriend

- in memory of Joel Dinsfriend on his yahrzeit

Kenn and Kim Fischburg

- in loving memory of Jack Fischburg on his yahrzeit

Richard and Barbara Sinclair

- in appreciation of High Holiday Services

Allan and Patti Gruber & sons

- in loving memory of Angela Klieback on her yahrzeit

Anne and Terry Cohn

- in loving memory of Jean Kutscher on her

yahrzeit

-- in loving memory of Lolita Cohn on her yahrzeit
Barry and Stephanie Thorp

-- in loving memory of Michael Crystal on his yahrzeit

David P. Engel

-- in appreciation of attending Rosh Hashanah Services

Karen Dinsfriend

-- in loving memory of Joel Dinsfriend on his yahrzeit

Stavropoulos Family

-- in loving memory of Theodore "Teddy" Irwin on his yahrzeit

Mitzvah Fund

Mark and Alexandra Rosenthal

-- in loving memory of Shirley Davis on her yahrzeit

Prayer Book Fund

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-- in appreciation of High Holiday Services

Rabbi's Discretionary Fund

Colin Kupfer

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-- in loving memory of William Thorp on his yahrzeit
Betsy Hall

-- in appreciation of Attending High Holidays

Deborah Linder

-- in appreciation of Robert and Margaret Lesser
Irma Flitt

-- in memory of my father-in-law, David Flitt

-- thank you Rabbi Marc Ekstrand

Scott and Eileen Zelken

-- a happy and healthy New Year to the congregation. Thank you for your warmth and inspiration

Wendy Ladd and Family

-- Happy Rosh Hashanah to all! We hope to see you on Yom Kippur

Sam Kushner Fund

Marcy Kaplan

-- in loving memory of Eileen Kaplan on her yahrzeit

Please make checks payable to Temple Emanu-El and remit to PO Box 288, Waterford, CT 06385

Eastern Connecticut
Community Festival Celebration

SHEMINI ATZERET/
SIMCHAT TORAH

CONGREGATION
AHAVATH ACHIM

84 Lebanon Avenue, Colchester, CT

Saturday, Oct. 7
10:00 AM

**Festival Service for Shemini Atzeret
and Simchat Torah**

**Hakafot - Dancing and singing with
the Torah celebrating Simchat Torah**

Torah Reading - We will celebrate by completing the annual reading of the Torah with the actual reading of the final chapters of Devarim (Deuteronomy) and the beginning of the reading of the Bereisheet (Genesis), and by reestablishing our commitment to reading the Torah from its beginning.

Yizkor will be recited.

This service will be available via Zoom; link will be shared prior to the event.





Legacy of Commitment

A commissioning week event honoring
the life and legacy of
Admiral Hyman G. Rickover

Please join us for an evening featuring

Marc Wortman

Author of

“Admiral Hyman Rickover: Engineer of Power”

Our keynote speaker will be followed by our
distinguished panel of speakers:

RADM (ret) John B. Padgett, III CDR (ret) Norman St. Cyr
CDR Matthew Beach CAPT (ret) Dave Larson

Temple Emanu-El | **October 10th, 2023**
29 Dayton Rd | **7:00pm**
Waterford, CT

Desserts and refreshments to follow.
Military Dress Code: Dress Blues

Joining Us? [RSVP here:](#)



Temple Emanu-El Sisterhood
 29 Dayton Road (Mail registration to: P.O. Box 288)
 Waterford, CT 06385
 (860) 443-3005

FULL DAY MAH JONGG TOURNAMENT
Wednesday, October 18th, 2023 9:00 AM– 4:30 PM

Registration/Breakfast 8:30 – 9:00; Tournament begins at 9:00

- Continental Breakfast & “Home-made” Buffet Lunch including our delicious kugel
- 6 Rounds of Mahjongg
- Cash prizes for top scores
- Bonus prizes for special hands



Your Choice:

Tournament Play: 15 min game max, rotate tables for the full tournament experience
 OR

Relaxed Tables: An option if you can't be with us the whole day, not ready for time-limited games, or don't want to rotate tables. Come with a group of friends or we'll find some for you!

Cost: \$50 per person – includes everything above!

To register: Mail tear-off below with \$50 check to Temple Emanu-El Sisterhood.
Deadline: Friday, Oct 13 or when we reach capacity. Register early to ensure a spot! No refunds.

50/50 CASH RAFFLE: MULTIPLE WINNERS
PRE-PAY FOR RAFFLE TICKETS: \$5 EACH, 3 FOR \$10

For more information contact Iris Freeman at jfreegang@aol.com or 860-460-3081.

Name: _____ **Email: Required** _____

Address: _____ Phone: _____

- Check any that apply:
- _____ I can bring a mah jongg set and be East (you don't rotate)
 - _____ Seat me at Novice/Relaxed table only (no time limits)
 - _____ I am including payment for _____ 50/50 Cash Raffle tickets



Building a vibrant community through Reform Judaism



29 Dayton Road,
Waterford, CT
860-443-3005

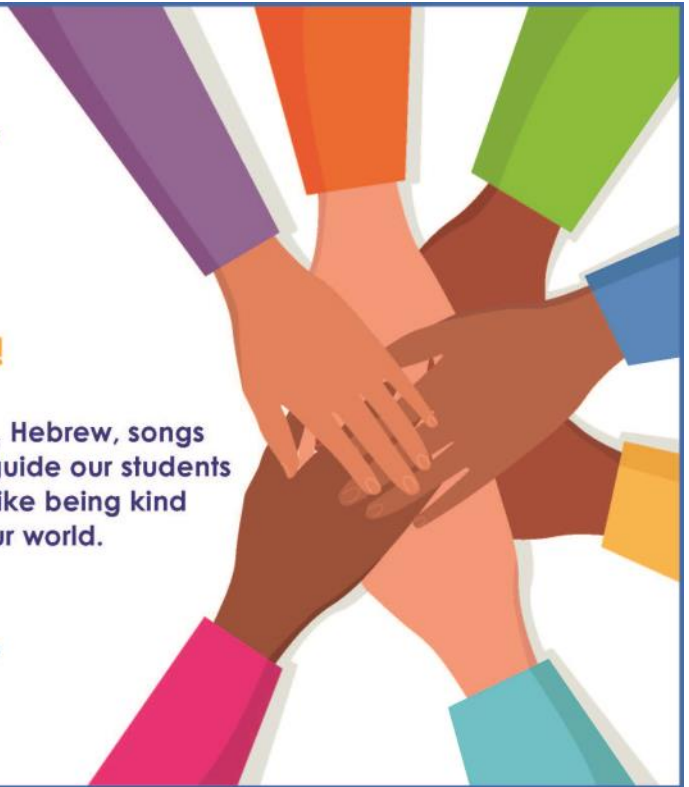
LEARNING, FRIENDS AND FUN!

Ongoing registration!

Through Jewish culture, stories, Hebrew, songs and interactive activities, we guide our students to embrace important values like being kind to others and taking care of our world.

Jewish Core Values • Hebrew
Tefillah Time • Sunday Fun Days
Preschool through 8th Grade

www.tewaterford.org



THE
TEMPLE EMANU-EL
SISTERHOOD
WISHES EVERYONE
A HAPPY & HEALTHY
NEW YEAR



A Community Forum for **The Center for Safe Futures**



Learn how we will transform the way we help individuals and families in our community.

Coming soon to Waterford!



TUES, OCT 3RD
6:30 – 7:30

Waterford Community Center
24 Rope Ferry Rd, in Waterford, CT

Join us for a conversation about The Center for Safe Futures and the facility to be built on Rte. 85. Light refreshments will be served.

No RSVP required. We look forward to seeing you there!

Stargazing Havdalah

November 4, 2023, 8pm



Join us for a Havdalah evening under the stars as we enjoy the majesty of the Autumn Sky.

Planned Targets: Vega, Hercules Cluster, Ring Nebula, Andromeda Galaxy, Saturn, and Jupiter.

Event is weather permitting. We'll be setting up in the Temple's parking lot. Dress warm. Bring a chair.

Feel free to bring your own telescope if you have one!



**FOR ALL YOUR
REAL ESTATE NEEDS**

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Drug & Alcohol Treatment:
Clinicians that specialize in drug & alcohol treatment.

And:
Cognitive Behavioral Therapy (CBT) Center:
Evidence-based CBT to improve mental health, and decrease stress for certain physical illnesses.
860-447-2047 / PsychologyCenterOffice@gmail.com

***Why rent offices when you can own?
Owning is almost always far better, so
spread the word!***

The Schaperows are selling a portion of their Waterford Professional Complex condos. Email PsychologyCenterOffice@gmail.com, or call/text 8602715233 to inquire.

If you know anyone who's leasing, please let them know of this tremendous opportunity and forward them our contact info.

Psychology CT LLC is **seeking renters**, as we have **beautiful offices available** in Waterford. These offices are perfect for professionals (e.g., therapists, massage therapists, small practice attorneys & accountants, certain kinds of physicians, etc.), especially those that don't need a reception area, but may still benefit from a waiting area. Please see <https://sites.google.com/site/schaperowpsychology/office> for details, or email psychologycenteroffice@gmail.com for more information.



TEMPLE EMANU-EL
PO BOX 288
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Deadline for November 2023 Bulletin is Friday, Oct. 13

Email your articles to Roberta at office@tewaterford.org

CHANGE SERVICE REQUESTED

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Temple Mailing Address: PO Box 288, Waterford, CT 06385
Office: **860-443-3005**
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Website: www.tewaterford.org